

Parties, workshops, shows, meals, hikes, cinema... There's something for everyone and every age !



**THIS SUMMER WILL BE ALL ABOUT NEW THINGS!**

From July 4 to August 31, every day during summer school vacation, Micropolis offers a brand-new program of events.

Exclusively, dive into the heart of our brand-new temporary exhibition: **"Underground Curiosities"!**

Visit the park and take part in our brand-new activities and must-see events. Take this opportunity to visit Jean-Henri Fabre's house and join our activities in English!

From July 14 to August 20, on Tuesdays and Thursdays until 10 p.m., enjoy the "Nocturnes de la Cité" with special entertainment and a selection of tapas and flatbreads at the restaurant.

On-site, take advantage of all the amenities for a stress-free family day out: free parking, a restaurant, a gift shop, playgrounds, and designated picnic areas...

New: The Croc'cinelle snack offers quick and local meals, in addition to the restaurant!

more info !



## FAIRS AND MARKETS

### ARVIEU

**Market & Second Hand** on Wednesdays from 9 am to 12 pm

### SALLES-CURAN

**Market** on Saturdays from 8am to 12.30pm

### VILLEFRANCHE DE PANAT

**Market** on Fridays and on Sundays from 8 am to 12.30 pm

## MONDAY, JUNE 29TH

### ARVIEU - Aerial Yoga Dance

8:30 pm to 9:15 pm - Grange du Haut Hall, Jardin d'Arvieu.

A hammock aerial yoga session combining movement and dance to breathe, relax, explore the fabric and experience aerial postures. Limited places available.

Prices: €99 (solo) / €188 (duo) / €270 (trio).  
Discovery session: €12.

Organised by Clés de Ciel'Sol. Booking required: +33 6 85 07 47 37.

## THURSDAY, JULY 2ND

### VEZINS DE LEVEZOU - Belote Card Tournament

2:00 pm - Résidence des Deux Ponts.  
Held on the first Thursday of every month. Free admission and complimentary refreshments.  
Information from the Lévézou Seniors Information Point: +33 5 65 58 15 25.

## FRIDAY, JULY 3RD

### TREMOUILLES - Village Festival

8:30 pm - Grand Summer Bingo at the village hall.

## FRIDAY, JULY 3RD

### VEZINS DE LEVEZOU - Beer Festival

From 8:00 pm - Guided walk (booking required: +33 6 49 16 01 18).

9:00 pm - Aperitif concert featuring "Sors tes couverts", followed by mussels and French fries cooked à la brasucade.

Veterans' football match of UHL at the stadium.

### FLAVIN - La Voûte on the road at Les Bastries

From 7:00 pm - Les Bastries.

The community bar La Voûte goes on tour to meet local residents and share a friendly evening. Drinks and gourmet platters (€12) available by reservation at +33 6 85 51 09 54 or by email at [lassosflavinoise@gmail.com](mailto:lassosflavinoise@gmail.com). Card payments accepted from €10. Please bring your own glasses and cutlery.

## SATURDAY, JULY 4TH

### PONT DE SALARS - Musical Gatherings

8:30 pm - Saint-Georges de Camboulas Church.

Performance by L'Escloupeto, the traditional folk group from Rodez. Fouace cake and a friendship drink will be offered after the concert. Free admission; donations welcome.

Organised by Les Amis de Saint-Georges. Information: +33 6 80 72 40 50.

### ST LAURENT DE LEVEZOU - Farm Table Experience

10:00 am to 2:00 pm - Naturellement Simples, Le Cayla hamlet.

Guided tour of the aromatic and medicinal herb garden followed by a seasonal organic vegetarian meal.

Prices: €25 per adult, €14 per child.

Bookings: [www.naturellementsimples.com](http://www.naturellementsimples.com).

### VEZINS DE LEVEZOU - Beer Festival

3:00 pm - Pétanque competition and six-a-side football tournament (booking required: +33 6 45 84 78 03).

7:00 pm - Concert by Garçon !

10:00 pm - The Manky Melters live performance.

12:30 am - DJ Coco.

Food available on site: grilled sausages and French fries.

### TREMOUILLES - Village Festival

2:00 pm - Pétanque competition.

8:00 pm - Aperitif concert featuring La Carriole and Berzinc, with food available on site.

11:00 pm - Fireworks display.

11:30 pm - Entertainment with Fly Night Discomobile.

### SEGUR - Concert

5:30 pm - Ségur Village Hall. Concert by the U.M. Swing Band. Admission: €10. Organised by the Friends of Saint-Agnan Church Association. Information: +33 6 37 20 96 56.

## SUNDAY, JULY 5TH

### TREMOUILLES - Village Festival

8:00 am - Traditional breakfast.

2:00 pm - Children's activities.

8:00 pm to midnight - Dance evening with the Véronique Pomiès Orchestra, followed by an aligot and braised ham dinner.

### VEZINS DE LEVEZOU - Fête de la bière

7:30 am - Mountain bike ride.

8:00 am - Breakfast hosted by Hôtel du Viaur.

11:00 am - Aperitif and entertainment organised by the festival committee.

12:00 pm - Pizz'Evelyn pizza stand.

3:00 pm - Pétanque competition. Children's activities throughout the afternoon: bouncy castles, face painting and photo rally.

8:00 pm - Local dinner featuring truffade and Aveyron veal, followed by a musette dance evening with Tony Bruel.

Free concerts and free camping available.

### ST LAURENT DE LEVEZOU - Natural Dye Workshop

10:00 am to 6:00 pm - Naturellement Simples, Le Cayla hamlet.

Learn how to use dye plants to create your own colour palette.

Price: €55 (includes two workshops, materials and lunch). Registration: [www.naturellementsimples.com](http://www.naturellementsimples.com).

## REGULAR EVENTS

### ON REQUEST

#### SALLES CURAN - Escampar: Puzzle Trail and Gourmet Walk

A fun village-centre walk with riddles to solve and gourmet stops along the way.  
Advance booking required: +33 6 60 64 50 37.

### EVERY WEEK-END

#### SALLES-CURAN - Cinema

At Le Grenier de Monsieur: film screenings every Friday, Saturday and Sunday. Additional screenings available on request in case of bad weather. Programme available by email: cinemasallescuran@gmail.com

#### ARVIEU - Rowing Introduction Sessions

Organised by the Arvieu-Pareloup Rowing Club. Notre-Dame d'Aures Beach. For schedules and information: +33 6 08 81 82 25.

### MONDAY TO FRIDAY

#### SALMIECH - Swimming lessons

Beginner and advanced swimming lessons during summer 2026 with Sylvain Geniez.  
Information and registration: +33 6 70 87 64 40.

### ONE SATURDAY PER MONTH

#### VILLEFRANCHE DE PANAT - Creative Writing workshop

Open to everyone from middle school age and above. Registration at the Espace Panatois: +33 5 65 46 46 53.

### EVERY MONDAY

#### ARVIEU - Traditional Dance Workshop

8:30 pm - R. Almès Hall. Open to everyone.  
Information: +33 6 74 51 47 93 (Arvieu Art de Vivre Association).

#### VEZINS-DE-LÉVÉZOU - Guides Hikes with Familles Rurales.

Held on selected Mondays.  
Information : +33 6 49 16 07 18

#### PONT-DE-SALARS - Pétanque Competition

From 8:30 pm - Pétanque ground, Place de la Rivière. Open doubles tournament played over three rounds and open to all. Registration on site. Organised by La Boule Joyeuse.

#### SALLES CURAN - Guided Village Tour

10:00 am - Departure in front of the Tourist Office. Discover the village with the Tourelles et Colombages Association. Free of charge. Information: Yves Coupé - +33 6 17 06 62 23.

### EVERY TUERSDAY

#### CANET DE SALARS - Tea dance

2:30 pm to 7:30 pm - Camping Le Caussanel. Open to everyone, no reservation required. Admission: €11, including complimentary pastries. Information: +33 6 80 56 34 98. Lunch or dinner available on site by reservation: +33 6 59 20 05 62.

### EVERY WEDNESDAY

#### CANET DE SALARS - Pétanque Competition

8:30 pm - Pétanque ground. Doubles tournament played over three rounds. Entry fee: €6 per team. Refreshment stand available throughout the evening.

#### VILLEFRANCHE DE PANAT - Pétanque Competition

9:00 pm - Sports area below the dam. Open doubles tournament played over three rounds. Organised by Pétanque Bessoise. Registration closes at 8:50 pm. Entry fee: €5 per team. Information: +33 6 30 82 21 64.

### EVERY FRIDAY

#### FLAVIN - Pétanque compétition

9:00 pm. Open to everyone. Doubles tournament played over three rounds. Entry fee: €8 per team. Prizes in kind to be won.

#### SALLES CURAN - Brasucade

7:00 pm - Restaurant Aux Berges de Pareloup. Special €19 menu celebrating 20 years of the famous mussels and fries evening. Information and reservations: +33 5 65 46 35 09.

Here, the land is cultivated... and so  
are human connections.

## One day, One farm

### WEDNESDAY, JULY 1ST

**SALLES CURAN - La Ferme du Mas d'Herens**  
Hérens cattle farm. 6:00 pm - Connes hamlet.  
Guided visit. Free participation (donations welcome).

**SALLES CURAN - La Ferme du Mas d'Herens**  
Hérens cattle farm. 7:30 pm - Connes hamlet.  
Guided visit followed by a tasting session.  
Admission: €17 per adult and €4 for children under 6.

### THURSDAY, JULY 2ND

#### SÉGUR - Farm Visit

Angora goats and farm wool shop. 3:00 pm -  
Ferme du Puech Février. Admission: €5 per adult,  
€2 for children aged 2 to 10, free for children  
under 2. Booking required: +33 6 82 49 62 24.

#### PRADES-DE-SALARS - Farm Visit

4:30 pm - Fromagerie du Griffoul.  
booking required: +33 6 70 97 02 76.

#### VEZINS DE LEVEZOU - La Ferme du Lévézou

Aubrac cattle and farm animals.  
10:00 am - Les Violettes hamlet.  
Admission: €5, free for children under 6.  
Information: +33 6 75 74 99 94.

#### PRADES-DE-SALARS - Farm Visit

4:30 pm - Fromagerie du Griffoul. Booking  
required: +33 6 70 97 02 76.

#### FLAVIN - Escargot des Sarradelles

Snail farm.  
6:00 pm - 1212 Route de Ferrieu.  
Free participation (donations welcome).  
Information: +33 6 47 95 78 97.

### FRIDAY, JULY 3RD

#### FLAVIN - Ferme du Gazenas

Simmental and Montbéliarde cattle farm.  
4:30 pm - Le Gazenas hamlet.  
Open to all visitors.  
Admission: €6 per adult and €4 for children aged  
8 to 12.  
Information: +33 6 15 25 60 90.

#### PRADES-DE-SALARS - Farm Visit

4:30 pm - Fromagerie du Griffoul. Booking  
required: +33 6 70 97 02 76.

**Discover all our activities and guided tours in our Destination Guide!**  
**Available at our Tourist Information Offices.**

#### Lévézou Attractivité & Tourisme

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Find us at  
[levevou-aveyron.com](http://levevou-aveyron.com)  
Online event  
programme

