

Parties, workshops, shows, meals, hikes, cinema... There's something for everyone and every age !



**THIS SUMMER WILL BE ALL
ABOUT NEW THINGS!**

From July 4 to August 31, every day during summer school vacation, Micropolis offers a brand-new program of events.

Exclusively, dive into the heart of our brand-new temporary exhibition: **"Underground Curiosities"!**

Visit the park and take part in our brand-new activities and must-see events. Take this opportunity to visit Jean-Henri Fabre's house and join our activities in English!

From July 14 to August 20, on Tuesdays and Thursdays until 10 p.m., enjoy the "Nocturnes de la Cité" with special entertainment and a selection of tapas and flatbreads at the restaurant.

On-site, take advantage of all the amenities for a stress-free family day out: **free parking, a restaurant, a gift shop, playgrounds, and designated picnic areas...**

New: The Croc'cinelle snack offers quick and local meals, in addition to the restaurant!

more info !



FAIRS AND MARKETS

ARVIEU

Market on wednesday from 9 a.m to 12 a.m

PONT DE SALARS

Market on wednesday evening from 6 pm to 9:30 pm

SALLES-CURAN

Fair Saturday 4th of july

Market on thursday evening from 5:30 pm to 9 9m

VILLEFRANCHE DE PANAT

Market on friday from 8 am to 12:30 am

8h à 12h30

Market on sunday from 8 am to 12:30 am

SATURDAY, JULY 4TH

PONT DE SALARS - Musical Gatherings

8:30 pm - Saint George's Church, Camboulas. Performance by L'Escloupeto, a traditional folk group from Rodez. Enjoy fouace (a traditional sweet bread) and a friendship drink after the concert. Free admission. Donations welcome. Organised by the Friends of Saint George Association. Information: +33 6 80 72 40 50.

ST LAURENT DE LEVEZOU - Farm table experience

10:00 am to 2:00 pm - Naturellement Simples, Le Cayla hamlet. Guided tour of the aromatic and medicinal herb garden, followed by a seasonal organic vegetarian meal. Prices: €25 per adult, €14 per child.

Booking: www.naturellementsimples.com

VEZINS DE LEVEZOU - Beer festival

3:00 pm - Pétanque competition and six-a-side football tournament (booking required: +33 6 45 84 78 03). 7:00 pm - Live concert by Garçon ! 10:00 pm - Live performance by The Manky Melters. 12:30 am - DJ Coco. Food available on site: grilled sausages and French fries.

SATURDAY, JULY 4TH

SEGUR - Concert

5:30 pm - Ségur Village Hall. Concert by the U.M. Swing Band. Admission: €10. Organised by the Friends of Saint-Agnan Church Association. Information: +33 6 37 20 96 56.

TREMOUILLES - Fête votive

2:00 pm - Pétanque competition. 8:00 pm - Aperitif concert featuring La Carriole and Berzinc, with food available on site. 11:00 pm - Fireworks display. 11:30 pm - Dance party with Fly Night Discomobile

SUNDAY, JULY 5TH

TREMOUILLES - Village Festival

8:00 am - Traditional breakfast. 2:00 pm - Children's entertainment and activities. 8:00 pm to midnight - Dance evening with the Véronique Pomiès Orchestra, followed by an aligot and braised ham dinner.

VEZINS DE LEVEZOU - Beer festival

7:30 am - Mountain bike ride. 8:00 am - Breakfast hosted by Hôtel du Viaur. 11:00 am - Aperitif and entertainment organised by the festival committee. 12:00 pm - Pizz'Evelyn (pizza). 3:00 pm - Pétanque competition. Children's activities including bouncy castles, face painting and a photo rally. 8:00 pm - Traditional local dinner featuring truffade and Aveyron veal, followed by a musette dance evening with Tony Bruel. Free concerts and free camping.

ST LAURENT DE LEVEZOU - Natural Dye Workshop

10:00 am to 6:00 pm - Naturellement Simples, Le Cayla hamlet. Learn how to use dye plants to create your own colour palette. Price: €55 (includes two workshops, materials and lunch). Registration: www.naturellementsimples.com.

TUESDAY, JULY 7TH

SALLES CURAN - Lévézou Choir Concert

6:00 pm - Market Square, Salles-Curan. Concert by the Lévézou Choir.

SALLES CURAN - Guided Meditation

8:00 pm - Sentier de la Vierge des Lacs. A guided session focusing on body awareness and deep relaxation. Led by Laurence Bousquet, psychopedagogue specialising in ecotherapy. Admission: €15. Advance booking required: +33 6 24 26 20 42.

WEDNESDAY, JULY 8TH

ARVIEU - Déjeuner Tête de veau dans les restaurants du bourg

12:00 pm - During the summer markets, enjoy a traditional veal head lunch at one of the village restaurants.

Reservations:

- Au Bon Accueil: +33 5 65 46 72 13
- Au P'tit Nout d'Où: +33 5 65 60 00 19

ST LAURENT DE LEVEZOU - Traditional Veal Head Lunch

Did you know that the trails of the Monseigneur Massif are full of edible and medicinal plants? Join a certified herbalist for a 2½-hour guided walk through nature and discover the hidden treasures of the local flora.

Advance booking required: +33 6 45 70 23 63.

THURSDAY, JULY 9TH

PONT DE SALARS - Semi-Night Hike

Departure from the Tourist Office at 6:30 pm. Bring your own picnic. Distance: 12 km · Walking time: 3½ hours. Difficulty: Easy · Elevation gain: 300 m. Organised by the Découverte en Pays de Salars Association.

FRIDAY, JULY 10TH

FLAVIN - Night Food Market

7:00 pm - 7:00 pm - Gourmet night market at the Esplanade de la Faille.

SALMIECH - Marché gourmand nocturne

7:00 pm - Square behind the Town Hall. Choose from a selection of local products and enjoy the specialties of local farmers and artisan producers. Create your own meal and enjoy it on site with live music. Information: +33 6 78 94 96 93.

PRADES DE SALARS - Fête votive

9:00 pm - Belote card tournament. Entry : €14 per team.

FRIDAY, JULY 10TH

ALRANCE - Stage gymnastique holistique

A 20-hour workshop led by Marie-Hélène Féraud, osteopath and holistic gymnastics practitioner.

Holistic gymnastics follows the principles of osteopathy in a group setting, helping participants restore, prepare and rebalance the body. +336 76 53 91 82

FLAVIN - Eight-Pin Skittles Night Tournament

5:00 pm to 11:00 pm - Aveyron Cup, 3rd Division.

The competition will take place at the Flavin skittles ground. Food and refreshments available on site.

SALLES CURAN - Concert at Le Bellevue

From 7:00 pm - Live music with Michel Bezelgues. Food available on site. Reservations: +33 6 87 70 02 05.

SATURDAY, JULY 11TH

VILLEFRANCHE DE PANAT - Lake Festival

7:00 pm - Bodega with entertainment by Les Dés Accordés.

11:00 pm - Live concert by Wepa Wepa (free admission).

Late evening - Pepitox.

ST-LEONS - A Summer with Mr. Fabre

At the Birthplace of Jean-Henri Fabre.

4:30 pm - Guided reading walk.

5:30 pm - Exhibition opening.

6:00 pm - Concert, followed by a buffet. Organised by the Friends of Jean-Henri Fabre Association.

PRADES DE SALARS - Village festival

9:00 pm - Live performance by Duo à Deux. 11:00 pm - DJ Thit Anim'. Food available on site.

SALLES CURAN - Hunters' Dinner

8:30 pm - Les Canabières. Dinner organised by the Le Bois des Dolmens Hunting Association. Menu (€18): salad, aligot, venison steak, cheese and dessert. Children under 12: €10. Reservations: +33 6 30 25 64 85 or +33 6 45 87 76 35.

REGULAR EVENTS

ON REQUEST

SALLES CURAN - Escampar: Puzzle Trail and Gourmet Walk

A fun village-centre walk with riddles to solve and gourmet stops along the way.

Advance booking required: +33 6 60 64 50 37.

EVERY WEEK-END

SALLES-CURAN - Cinema

At Le Grenier de Monsieur: film screenings every Friday, Saturday and Sunday. Additional screenings available on request in case of bad weather. Programme available by email: cinemasallescuran@gmail.com

ARVIEU - Rowing Introduction Sessions

Organised by the Arvieu-Pareloup Rowing Club. Notre-Dame d'Aures Beach. For schedules and information: +33 6 08 81 82 25.

MONDAY TO FRIDAY

SALMIECH - Swimming lessons

Beginner and advanced swimming lessons during summer 2026 with Sylvain Geniez.

Information and registration: +33 6 70 87 64 40.

PRADES DE SALARS - Pottery Workshop

At Les Ateliers Saugane, discover the art of pottery in a welcoming and friendly atmosphere. Lisa will guide you through hand-building and wheel-throwing techniques in her studio.

By appointment only.

Information and bookings: +33 6 36 86 84 90.

ONE SATURDAY PER MONTH

VILLEFRANCHE DE PANAT - Creative Writing workshop

Open to everyone from middle school age and above. Registration at the Espace Panatois: +33 5 65 46 46 53.

EVERY MONDAY

ARVIEU - Traditional Dance Workshop

8:30 pm - R. Almès Hall. Open to everyone.

Information: +33 6 74 51 47 93 (Arvieu Art de Vivre Association).

VEZINS-DE-LÉVÉZOU - Guides Hikes with Familles Rurales.

Held on selected Mondays. Information : +33 6 49 16 07 18

PONT-DE-SALARS - Pétanque Competition

From 8:30 pm – Pétanque ground, Place de la Rivière. Open doubles tournament played over three rounds and open to all. Registration on site. Organised by La Boule Joyeuse.

SALLES CURAN - Guided Village Tour

10:00 am – Departure in front of the Tourist Office. Discover the village with the Tourelles et Colombages Association. Free of charge. Information: Yves Coupé – +33 6 17 06 62 23.

EVERY TUESDAY

CANET DE SALARS - Tea dance

2:30 pm to 7:30 pm – Camping Le Caussanel. Open to everyone, no reservation required. Admission: €11, including complimentary pastries. Information: +33 6 80 56 34 98. Lunch or dinner available on site by reservation: +33 6 59 20 05 62.

SALLES-CURAN – Pétanque Competition

8:30 pm – Pétanque ground. Entry fee: €8 per team. Refreshments available on site.

PONT-DE-SALARS – Guided Tour of the Bage Pumped-Storage Power Plant

10:00 am – Departure from the Lévézou Attractivité & Tourisme Tourist Office, Place de la Rivière.

Discover the history and operation of this impressive hydroelectric pumped-storage facility. Admission: €5 per adult, €3 for children under 12. Advance booking required: +33 5 65 46 89 90.

ARVIEU – Traditional Aveyron Dinner

Saint-Martin-des-Faux – Gaubert/Lacaze Hotel-Restaurant.

Every Thursday evening, enjoy a traditional aligot and sausage dinner with starter, main course, cheese and dessert.

Price: €27. Reservations: +33 5 65 46 35 00.

ARVIEU – Pascade Cooking Workshop & Farm Visit

Ferme de la Calmette. A 3-hour cooking workshop to learn how to make pascade in a traditional oven, followed by a visit to the dairy sheep farm and a snack for both adults and children. Admission: €12 per adult, €7 for children aged 3 to 12. Advance booking required: +33 6 24 24 03 83.

EVERY WEDNESDAY

CANET DE SALARS - Pétanque Competition

8:30 pm – Pétanque ground. Doubles tournament played over three rounds. Entry fee: €6 per team. Refreshment stand available throughout the evening.

VILLEFRANCHE DE PANAT – Pétanque Competition

9:00 pm – Sports area below the dam. Open doubles tournament played over three rounds. Organised by Pétanque Bessoise. Registration closes at 8:50 pm. Entry fee: €5 per team. Information: +33 6 30 82 21 64.

ARVIEU – Discover 3D Printing

1:00 pm to 6:00 pm – Notre-Dame d'Aures Beach.

Demonstrations and presentations introducing the world of 3D printing.

EVERY THURSDAY

ARVIEU - Traditional Aveyron Dinner

Saint-Martin-des-Faux – Gaubert/Lacaze Hotel-Restaurant. Every Thursday evening, enjoy a traditional veal head dinner including a starter, main course, cheese and dessert. Price: €27. Reservations: +33 5 65 46 35 00.

EVERY FRIDAY

FLAVIN - Pétanque compétition

9:00 pm. Open to everyone. Doubles tournament played over three rounds. Entry fee: €8 per team. Prizes in kind to be won.

SALLES CURAN - Brasucade

7:00 pm – Restaurant Aux Berges de Pareloup. Special €19 menu celebrating 20 years of the famous mussels and fries evening. Information and reservations: +33 5 65 46 35 09.

ARVIEU - Mussels and Fries Evening

At Le Carretou, Notre-Dame d'Aures Beach.

Reservations: +33 6 11 98 17 73.

**Discover all our activities
and guided tours in our
Destination Guide!
Available at our Tourist
Information Offices.**

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Find us at
levevou-aveyron.com
Online event
programme

