

Parties, workshops, shows, meals, hikes, cinema... There's something for everyone and every age !



micropolis
La cité des insectes

Exposition Temporaire
CURIOSITÉS SOUTERRAINES

**Here, WAOUUH !
is written in MINUSCULE.**

THIS SUMMER WILL BE ALL ABOUT NEW THINGS!

From July 4 to August 31, every day during summer school vacation, Micropolis offers a brand-new program of events.

Exclusively, dive into the heart of our brand-new temporary exhibition: **"Underground Curiosities"!**

Visit the park and take part in our brand-new activities and must-see events. Take this opportunity to visit Jean-Henri Fabre's house and join our activities in English!

From July 14 to August 20, on Tuesdays and Thursdays until 10 p.m., enjoy the "Nocturnes de la Cité" with special entertainment and a selection of tapas and flatbreads at the restaurant.

On-site, take advantage of all the amenities for a stress-free family day out: free parking, a restaurant, a gift shop, playgrounds, and designated picnic areas...

New: The Croc'cinelle snack offers quick and local meals, in addition to the restaurant!

more info !



FAIRS AND MARKETS

ARVIEU

Market on wednesday from 9:00 am to 12:00 am

PONT DE SALARS

Market on wednesday evening from 6 pm to 9:30 pm

SALLES-CURAN

Market on tuesday evening from 5:30 pm to 9:00 pm

Market on saturdays morning from 8:00 am to 12:30 am

VILLEFRANCHE DE PANAT

Market on friday from 8:00 am to 12:30 am

Market on sunday from 8:00 am to 12:30 am

Fair on thursday, july 23th from 9:00 am to 12:00 am

ST LEONS

Market on friday evening from 6:00 pm to 11:00 pm

SEGUR

Market on thursday, july 23th from 6:00 pm

EXHIBITIONS

ARVIEU - ODEYUS

During the opening hours of Le Cantou. Discover textile art and graphic design through the traditional craft of tufting with Audrey, a local tufting artist from Arvieu. Learn about this unique textile-making technique through demonstrations and exchanges.

VILLEFRANCHE DE PANAT - Watercolour

Exhibition : Angéline Cottinie et Paul

Roelants

During the opening hours of the Espace Panatois. Discover a selection of refreshing watercolours by Flemish artists Angeline Cottinie and Paul Roelants. Inspired by the surrounding countryside, the couple creates vibrant, colourful compositions that capture the beauty of the local landscape.

ALRANCE - Acrylic, Watercolour & Pastel

Painting Exhibition

Every afternoon from 2:00 pm to 7:00 pm - Maison du Patrimoine.

Exhibition of paintings by the Cassagnes-Bégonhès Art Club, featuring acrylics, watercolours and pastel works.

SATURDAY, JULY 18TH

TREMOUILLES - Village Festival

At Saint-Hilaire.

2:00 pm - Doubles pétanque competition at the Village Hall, with refreshments available.

8:00 pm - Musical aperitif with food available on site.

Organised by the Entertainment Committee.

PONT DE SALARS - Bingo Night

8:30 pm - Pont-de-Salars Village Hall.

Organised by the Lévézou Choir.

ST LEONS - Monts du Lévézou Endurance Ride

At Mas de Vinaigre.

Occitanie Club CDE Challenge 2026.

Saturday, July 18: 60 km and 80 km races.

Sunday, July 19: 10 km, 20 km and 40 km races.

Open to all. Saddle workshop visits available. Food and refreshments on site.

Information: +33 6 71 51 05 70.

SAINT-LÉONS - Evening Celebration for the Monts du Lévézou Endurance Ride

From 6:00 pm - A festive and friendly evening open to everyone at Gaston Mercier Saddlery, Mas de Vinaigre, Saint-Léons.

Advance booking required.

SUNDAY, JULY 19TH

PONT DE SALARS - Cuttlefish in Rouille Sauce Lunch

At Camboulas Village Hall. Lunch served at 1:00 pm, featuring brasucade mussels, cuttlefish in rouille sauce, cheese and apple tart. Adults: €19. Children: €10. Advance booking required: +33 6 85 33 87 13 or +33 6 79 30 67 70.

MONDAY, JULY 20TH

SAINT-LAURENT-DE-LÉVÉZOU - Nature Connection Walk

10:00 am to 12:00 pm - Puech Monseigne.

Take time to reconnect with yourself and tune into the rhythm of nature. Led by Laurence Bousquet, a psychopedagogue specialising in ecotherapy. Admission: €30. Advance booking required: +33 6 24 26 20 42.

MONDAY, JULY 20TH

VILLEFRANCHE-DE-PANAT - Cinema : Toy Story 5

3:00 pm to 5:00 pm - Multimedia Room.

Screening of Toy Story 5.

Full price: €6. Reduced price: €4.50.

Information: +33 5 65 46 46 53.

VILLEFRANCHE-DE-PANAT - Cinema : La Vénus électrique

8:30 pm - Multimedia Room. Screening of the film La Vénus électrique, starring Pio Marmaï, Gilles Lellouche and Anaïs Demoustier. Full price: €6. Reduced price: €4.50. Information: +33 5 65 46 46 53.

TUESDAY, JULY 21TH

VILLEFRANCHE-DE-PANAT - Hike

Departure from Le Mayrac Beach in Villefranche at 5:00 pm for a 10.5 km loop hike with 160 m of elevation gain.

€20 per person, including an aperitif, dinner and entertainment on arrival.

Registration: +33 6 03 35 78 20 or +33 5 65 46 46 53.

WEDNESDAY, JULY 22TH

SAINT-LAURENT-DE-LÉVÉZOU - Herbal Secrets: Botanical Walk

9:30 am to 12:00 pm.

Did you know that the trails of the Massif du Monseigne are full of treasures for both our health and our taste buds? Enjoy a 2½-hour immersion in nature and follow a certified herbalist to discover a whole new way of looking at the natural world.

Advance booking required: +33 6 45 70 23 63.

ARVIEU - 60th Anniversary of Arvieu Art de Vivre

3:00 pm to 7:00 pm - Bouncy castle and traditional wooden games.

8:30 pm - R. Almès Hall. Free concert with Sébastien Quintino and Lélo, performing popular music.

Open to all, with seating and standing areas. Limited capacity; advance registration is strongly recommended: +33 6 74 51 47 93 or online via HelloAsso.

Refreshments available from 3:00 pm, provided by the Arvieu Parents' Association: drinks, fouace, popcorn and more.

SAINT-LÉONS – Become a Naturalist for a Day

9:30 am – Rauzes Peat Bog.

Join expert naturalists for discussions and species identification, and discover the wonders of the peat bog.

Information from ADASEA: +33 6 80 99 50 54.

PONT-DE-SALARS – Costumed Horse Parade

A friendly 2-hour horseback ride. Welcome from 2:00pm at L'Escapade de Jos lodge. Participants are welcome to wear a costume of their choice (costumes are optional). Horse blessing in the village square, followed by a chance for children to meet the horses and take photos. A complimentary drink will be offered by the Town Hall before returning to Jos, where an aperitif will round off the afternoon.

You are welcome to bring your own horse. Paddocks are available near the Jos lodge. Advance booking: +33 6 81 53 57 70.

THURSDAY, JULY 23TH

CANET-DE-SALARS – Fishing & Nature Activity for Children at Lac de la Gourde

9:30 am to 12:00 pm – Lac de la Gourde. For children and teenagers aged 5 to 18. Discover aquatic environments through a fun fishing activity €12 per child aged over 8. Children aged 5 to 8 must be accompanied by an adult. Meeting point: at the end of Chemin de Conquettes, Pareloup. Advance booking required: +33 5 65 68 41 52.

PONT-DE-SALARS – Fishing & Nature Activity for Children

2:00 pm to 4:30 pm. For children and teenagers aged 5 to 18. Discover aquatic environments through a fun fishing activity. Advance registration required. €12 per child aged over 8. Children aged 5 to 8 must be accompanied by an adult. Meeting point: Pont-de-Salars Lake – Le Vibal boat ramp, Route de Montredon car park.

ARVIEU – Japanese Yoga “Do-In” Group Session

9:00 am to 10:00 am – Grassy area at Notre-Dame d'Aures Beach, Pareloup.

Discover Do-In, a Japanese self-massage and stretching practice designed to promote well-being and relaxation. Please bring a mat or towel and wear comfortable clothing.

Free admission. In case of bad weather, the session will take place in the beach hall.

Organised by Familles Rurales and Elsa B.

Information: +33 6 51 25 31 71. No booking required.

CANET-DE-SALARS – Evening Hike

Departure at 6:30 pm from Canet-de-Salars Town Hall.

Distance: 11 km · Walking time: 3 hours ·

Difficulty: Easy · Elevation gain: 250 m.

Please bring your own picnic. A friendly drink will be offered at the end of the hike.

€2 per person.

Advance booking required: +33 5 65 46 89 90.

FLAVIN – Snail Farm Evening & Open-Air Cinema

Ferrieu.

5:00 pm – Visit the snail farm with Thierry. Pay what you wish.

From 7:00 pm – Dinner: melon, Saradelles tartine, snail skewers or sausage, followed by blueberry tart or fouace.

Price: €14 per adult, €10 for children aged 12 and under. Advance booking required through the Lévézou Attractivité & Tourisme Agency: +33 5 65 46 89 90.

10:00 pm – Open-air screening of Le Jeu de la ferme: on the Larzac plateau, children from farming families grow up in tune with nature and animals. Through play, they shape their future, balancing dreams and learning.

Admission: €6, or €2.50 for children aged 14 and under.

SALLES-CURAN – Conference

8:30 pm – Le Grenier de Monsieur.

“Roundups and the Rescue of Jews in Aveyron during the Second World War”, a talk by Simon Massbaum.

Organised by the Friends of Eugène Viala and Lévézou Association. Suggested contribution: €10. Information: +33 6 47 61 50 96.

SÉGUR – Local Producers' Market

6:00 pm – Local producers' market. Food available on site, with live music by Les Dés Accordés. Bouncy castle for children.

FRIDAY, JULY 24TH

FLAVIN – La Voûte on Tour

7:00 pm – Espessergues.

Flavin's community bar visits three hamlets in the local area, inviting everyone to enjoy a drink and share a charcuterie board.

Information: +33 6 85 51 09 54.

FRIDAY, JULY 24TH

SAINT-LÉONS - Guided Reading Walk & Concert

2:30 pm - Secrets of the Garden workshop at the Insect Garden, led by Nadine Séguret-Albouy.

4:30 pm - "Jean-Henri Fabre, the Storytelling Scientist" - reading performance at the Nursery Hall. Free admission.

6:00 pm - Concert and reading at Saint-Léons Church by the Architecture et Musique Ensemble.

Admission: €10. Free for children under 14.

VEZINS-DE-LÉVÉZOU - Evening at La Ferme du Lévézou Guinguette

7:00 pm - Experience the festive atmosphere of the guinguette at La Ferme du Lévézou, with live entertainment by Les Témoins de Jah'voine. Food available on site.

SAINT-LAURENT-DE-LÉVÉZOU - Mauriac Festival

8:30 pm - Gastronomic bingo at the Village Hall.

SALLES-CURAN - Concert at Le Bellevue

Enjoy a festive evening with Meli Melo Show, featuring a lively karaoke night. Food available on site. Reservations and information: +33 6 87 70 02 05.

SALMIECH - Village Festival

7:00 pm - Family show.

8:00 pm - Live performance by La Cariole.

9:00 pm - Live music with Les Dés Accordés.

11:30 pm - Concert by Papito Collective.

Dinner: €16 (starter, braised ham, flageolets, cheese and tart).

Reservations: +33 6 42 54 07 57.

SATURDAY, JULY 25TH

SALMIECH - Village Festival

2:00 pm to 8:00 pm - Europe's largest giant slip-and-slide (€10 for 5 rides). Refreshments and showers available on site.

2:00 pm - Doubles pétanque competition.

8:00 pm - Les Madonnas du Jeudi.

9:30 pm - Zikaléon.

11:00 pm - Capsule.

12:00 am to 1:30 am - DJ Roman Pops.

Meal: €12 - brasucade mussels and fries or sausage and fries.

SAINT-LAURENT-DE-LÉVÉZOU - Mauriac Festival

Apéritif concert with Second Poto.

9:00 pm - Paella dinner.

Midnight - Free dance party with DJ Vics.

REGULAR EVENTS

ON REQUEST

SALLES CURAN - Escampar: Puzzle Trail and Gourmet Walk

A fun village-centre walk with riddles to solve and gourmet stops along the way.

Advance booking required: +33 6 60 64 50 37.

EVERY WEEK-END

SALLES-CURAN - Cinema

At Le Grenier de Monsieur: film screenings every Friday, Saturday and Sunday. Additional screenings available on request in case of bad weather. Programme available by email: cinemasallescuran@gmail.com

ARVIEU - Rowing Introduction Sessions

Organised by the Arvieu-Pareloup Rowing Club. Notre-Dame d'Aures Beach. For schedules and information: +33 6 08 81 82 25.

EVERY MONDAY

ARVIEU - Traditional Dance Workshop

8:30 pm - R. Almès Hall. Open to everyone.

Information: +33 6 74 51 47 93 (Arvieu Art de Vivre Association).

VEZINS-DE-LÉVÉZOU - Guides Hikes with Familles Rurales

Held on selected Mondays. Information: +33 6 49 16 07 18

PONT-DE-SALARS - Pétanque Competition

From 8:30 pm - Pétanque ground, Place de la Rivière. Open doubles tournament played over three rounds and open to all. Registration on site. Organised by La Boule Joyeuse.

SALLES CURAN - Guided Village Tour

10:00 am - Departure in front of the Tourist Office. Discover the village with the Tourelles et Colombages Association. Free of charge. Information: Yves Coupé - +33 6 17 06 62 23.

SALLES CURAN - Beach Lévézou Tour

2:00 pm - Vernhes II Beach.

Friendly beach soccer tournament.

Registration on site.

Information: +33 6 30 26 62 6

EVERY TUESDAY

CANET DE SALARS - Tea dance

2:30 pm to 7:30 pm – Camping Le Caussanel.
Open to everyone, no reservation required.
Admission: €11, including complimentary pastries. Information: +33 6 80 56 34 98.
Lunch or dinner available on site by reservation: +33 6 59 20 05 62.

SALLES-CURAN – Pétanque Competition

8:30 pm – Pétanque ground.
Entry fee: €8 per team. Refreshments available on site.

PONT DE SALARS - Guided Tour of the Potions d'Oc Distillery

10:00 am to 12:00 pm.
Discover this young Aveyron distillery and learn about its craft and production methods.
Advance booking required: +33 7 89 59 08 96

ST LEONS - Birthplace of Jean-Henri Fabre

Open from 3:00 pm to 6:00 pm

SALLES CURAN - Eugène Viala Museum

Open from 5:00 to 8:00 pm

ARVIEU - Beach Lévézou Tour

2:00 pm – Notre-Dame d'Aures Beach.

Friendly maillet skittles tournament.

Registration on site.

Information: +33 6 30 26 62 64.

PONT-DE-SALARS – Guided Tour of the Bage Pumped-Storage Power Plant

10:00 am – Departure from the Lévézou Attractivité & Tourisme Tourist Office, Place de la Rivière.

Discover the history and operation of this impressive hydroelectric pumped-storage facility. Admission: €5 per adult, €3 for children under 12. Advance booking required: +33 5 65 46 89 90.

ARVIEU – Traditional Aveyron Dinner

Saint-Martin-des-Faux – Gaubert/Lacaze Hotel-Restaurant.

Every Thursday evening, enjoy a traditional aligot and sausage dinner with starter, main course, cheese and dessert.

Price: €27. Reservations: +33 5 65 46 35 00.

ARVIEU – Pascade Cooking Workshop & Farm Visit

Ferme de la Calmette. A 3-hour cooking workshop to learn how to make pascade in a traditional oven, followed by a visit to the dairy sheep farm and a snack for both adults and children. Admission: €12 per adult, €7 for children aged 3 to 12. Advance booking required: +33 6 24 24 03 83.

EVERY WEDNESDAY

CANET DE SALARS - Pétanque Competition

8:30 pm – Pétanque ground.
Doubles tournament played over three rounds.
Entry fee: €6 per team. Refreshment stand available throughout the evening.

VILLEFRANCHE DE PANAT – Pétanque Competition

9:00 pm – Sports area below the dam. Open doubles tournament played over three rounds.
Organised by Pétanque Bessoise. Registration closes at 8:50 pm. Entry fee: €5 per team.
Information: +33 6 30 82 21 64.

ARVIEU – Discover 3D Printing

1:00 pm to 6:00 pm – Notre-Dame d'Aures Beach.

Demonstrations and presentations introducing the world of 3D printing.

LE VIBAL - Beach Lévézou Tour

2:00 pm – Moulinoches Beach.

Friendly beach volleyball tournament.

Registration on site. Information: +33 6 30 26 62 64.

ARVIEU – Traditional Veal Head Lunch

During the summer market, from 12:00 pm.
Enjoy a traditional veal head lunch at one of the village restaurants: Au Bon Accueil – Reservations: +33 5 65 46 72 13 or Au P'tit Bout d'Où – Reservations: +33 5 65 60 00 19

EVERY THURSDAY

ARVIEU - Traditional Aveyron Dinner

Saint-Martin-des-Faux – Gaubert/Lacaze Hotel-Restaurant. Every Thursday evening, enjoy a traditional veal head dinner including a starter, main course, cheese and dessert. Price: €27. Reservations: +33 5 65 46 35 00.

VILLEFRANCHE DE PANAT - Beach Lévézou Tour

2:00 pm – Granouillac Beach.

Friendly sandball tournament. Registration on site. Information: +33 6 30 26 62 64.

SALLES CURAN - Eugène Viala Museum

Open from 11:00 am to 12:30 pm

ST LEONS - Birthplace of Jean-Henri Fabre

Open from 3:00 pm to 6:00 pm

EVERY FRIDAY

FLAVIN - Pétanque compétition

9:00 pm. Open to everyone. Doubles tournament played over three rounds. Entry fee: €8 per team. Prizes in kind to be won.

SALLES CURAN - Brasucade

7:00 pm - Restaurant Aux Berges de Pareloup. Special €19 menu celebrating 20 years of the famous mussels and fries evening. Information and reservations: +33 5 65 46 35 09.

ARVIEU - Mussels and Fries Evening

At Le Carretou, Notre-Dame d'Aures Beach.
Reservations: +33 6 11 98 17 73.

PONT DE SALARS - Beach Lévézou Tour

2:00 pm - Plage des Rousselleries.
Friendly sandball tournament. Registration on site.
Information: +33 6 30 26 62 64.

ST LEONS - Birth place of Jean Henri Fabre

Open from 3:00 pm to 6:00 pm.

PRADES DE SALARS - Night Time Murder Mystery

At PopCorn Labyrinthe.
Step into a life-sized criminal investigation in the heart of a corn maze transformed into a crime scene.
Start: 10:00 pm.

EVERY SATURDAY

SALLES CURAN - Local Author Book signing

10:00 am to 12:00 pm - In front of the Eugène Viala Museum, Rue du Château, during the weekly market.
Meet a local author and have your books signed.

SALLES CURAN - Eugène Viala Museum

Open from 11:00 am to 12:30 pm

EVERY SUNDAY

SALLES CURAN - Eugène Viala Museum

Open from 11:00 am to 12:30 pm

MONDAY TO FRIDAY

SALMIECH - Swimming lessons

Beginner and advanced swimming lessons during summer 2026 with Sylvain Geniez.
Information and registration: +33 6 70 87 64 40.

PRADES DE SALARS - Pottery Workshop

At Les Ateliers Saugane, discover the art of pottery in a welcoming and friendly atmosphere. Lisa will guide you through hand-building and wheel-throwing techniques in her studio.
By appointment only.
Information and bookings: +33 6 36 86 84 90.

ONE SATURDAY PER MONTH

VILLEFRANCHE DE PANAT - Creative Writing workshop

Open to everyone from middle school age and above. Registration at the Espace Panatois: +33 5 65 46 46 53.

WORKSHOP

ALRANCE - Holiday Science Workshop: "DNA Mission"

From July 15th to July 18th - At the Peyrebrune Lodge. For information, contact Catherine by email at peyrebrune.stage@gmail.com or visit www.peyrebrune.fr.

Discover all our activities and guided tours in our Destination Guide!
Available at our Tourist Information Offices.

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Editorial content and copywriting: Lévézou Attractivité & Tourisme

Graphic design and illustrations: Lévézou Attractivité & Tourisme

Printed in-house - 200 copies - Free of charge - May 2026



Find us at
levevou-aveyron.com

Online event
programme

