

Parties, workshops, shows, meals, hikes, cinema... There's something for everyone and every age !



THIS SUMMER WILL BE ALL ABOUT NEW THINGS!

From July 4 to August 31, every day during summer school vacation, Micropolis offers a brand-new program of events.

Exclusively, dive into the heart of our brand-new temporary exhibition: **"Underground Curiosities"!**

Visit the park and take part in our brand-new activities and must-see events. Take this opportunity to visit Jean-Henri Fabre's house and join our activities in English!

From July 14 to August 20, on Tuesdays and Thursdays until 10 p.m., enjoy the "Nocturnes de la Cité" with special entertainment and a selection of tapas and flatbreads at the restaurant.

On-site, take advantage of all the amenities for a stress-free family day out: free parking, a restaurant, a gift shop, playgrounds, and designated picnic areas...

New: The Croc'cinelle snack offers quick and local meals, in addition to the restaurant!



FAIRS AND MARKETS

ARVIEU

Market on wednesday from 9:00 am to 12:00 am

PONT DE SALARS

Market on wednesday evening from 6 pm to 9:30 pm

SALLES-CURAN

Market on tuesday evening from 5:30 pm to 9:00 pm

Fair on saturday, august 1st morning from 8:00 am to 12:30 am

VILLEFRANCHE DE PANAT

Market on friday from 8:00 am to 12:30 am

Market on sunday from 8:00 am to 12:30 am

ST LEONS

Market on friday evening from 6:00 pm to 11:00 pm

EXHIBITIONS

ARVIEU - ODEYUS

During the opening hours of Le Cantou. Discover textile art and graphic design through the traditional craft of tufting with Audrey, a local tufting artist from Arvieu. Learn about this unique textile-making technique through demonstrations and exchanges.

VILLEFRANCHE DE PANAT - Watercolour

Exhibition : Angéline Cottinie et Paul

Roelants

During the opening hours of the Espace Panatois. Discover a selection of refreshing watercolours by Flemish artists Angeline Cottinie and Paul Roelants. Inspired by the surrounding countryside, the couple creates vibrant, colourful compositions that capture the beauty of the local landscape.

ALRANCE - Acrylic, Watercolour & Pastel Painting Exhibition

Every afternoon from 2:00 pm to 7:00 pm - Maison du Patrimoine.

Exhibition of paintings by the Cassagnes-Bégonhès Art Club, featuring acrylics, watercolours and pastel works.

SATURDAY, JULY 25TH

SALMIECH - Village Festival

2:00 pm to 8:00 pm – Europe's largest giant slip-and-slide (€10 for 5 rides). Refreshments and showers available on site.

2:00 pm – Doubles pétanque competition.

8:00 pm – Les Madonnas du Jeudi.

9:30 pm – Zikaléon.

11:00 pm – Capsule.

12:00 am to 1:30 am – DJ Roman Pops.

Meal: €12 – brasucade mussels and fries or sausage and fries.

SAINT-LAURENT-DE-LÉVÉZOU - Mauriac Festival

Apéritif concert with Second Poto.

9:00 pm – Paella dinner.

Midnight – Free dance party with DJ Vics.

SUNDAY, JULY 26TH

PONT DE SALARS - Lévézou Swim and run

9:00 am – Plage des Rousselleries.

Organised by the Aveyron Departmental Triathlon Committee.

Information: +33 6 08 90 27 57.

Registration: www.triathlon-aveyron.fr

VILLEFRANCHE DE PANAT - “Les boules étoilées” Challenge

2:30 pm – Sports Area below the dam.

Open doubles pétanque competition.

Entry fee: €10 per team. Prize money and trophies to be won.

Refreshments and food available on site.

Organised by Pétanque Bessoise.

Information: +33 6 30 82 21 64.

ST LAURENT DE LEVEZOU - Mauriac Festival

8:00 am to 11:00 am – Traditional tripoux breakfast.

3:30 pm – Doubles pétanque competition.

4:00 pm – Mauriac Olympiad games.

5:00 pm – Tea dance with Gilou Rétro Musette.

8:00 pm – Outdoor aperitif.

9:00 pm – Traditional dinner featuring truffade and duck breast.

Musette dance evening with Gilou Rétro Musette.

LE VIBAL - Sophrology brunch

Sophrology session led by Coralie, followed by brunch.

Admission: €20 per person.

Advance booking required: +33 6 50 54 63 88.

MONDAY, JULY 27TH

ST LAURENT DE LEVEZOU - Nature Connection Walk

10:00 am to 12:00 pm – Puech Monseigne.

Immerse yourself in nature through mindfulness, guided meditation, eco-rituals, sensory awakening and land art. Led by Laurence Bousquet, psychopedagogue specialising in ecotherapy.

Admission: €30. Advance booking required: +33 6 24 26 20 42.

TUESDAY, JULY 28TH

SALLES CURAN - Guided Meditation

8:00 pm – Sentier de la Vierge des Lacs.

A guided session focusing on body awareness and deep relaxation, led by Laurence Bousquet, psychopedagogue specialising in ecotherapy.

Admission: €15.

Advance booking required: +33 6 24 26 20 42.

VEZINS DE LEVEZOU - Open Air Cinema

9:30 pm – Near the Espace Vézinois.

Open-air screening of Compostelle.

Admission: €6 for adults and €3 for children. In case of bad weather, the screening will take place inside the Espace Vézinois.

WEDNESDAY, JULY 29TH

ST LAURENT DE LEVEZOU - Herbal Secrets: Botanical Walk

9:30 am to 12:00 pm.

Did you know that the trails of the Massif du Monseigne are full of treasures for both our health and our taste buds? Enjoy a 2½-hour immersion in nature with a certified herbalist and discover a whole new way of seeing the plant world.

Advance booking required: +33 6 45 70 23 63.

AGEN D'AVEYRON - Parent & Child Sensory Nature Walk

10:00 am – Issanchou-le-Haut.

A relaxing and creative nature experience featuring sensory games, land art and guided meditation. Led by Laurence Bousquet, psychopedagogue specialising in ecotherapy. Admission: €25 for one parent and one child. Advance booking required: +33 6 24 26 20 42.

SALLES CURAN - Theatre Performance

8:30 pm - Le Grenier de Monsieur performance hall.
Performance of "Chien tombé d'un tramway", a play based on a text by Eugène Viala, performed by Flavie Castagné, actress from the Montpellier Conservatory.

ARVIEU - Yoga danse aérien (séance découverte)

9:00 am, 10:15 am or 11:30 am - Grange Hall, Jardin d'Arvieu.

A hammock aerial yoga session combining movement and dance to help you breathe, relax, explore the fabric and experience aerial postures.

Suitable for ages 7 and over. Maximum 6 participants per session.

Admission: €15.

Advance booking with E. Saleil - Clés de Ciel'Sol: +33 6 85 07 47 37.

THURSDAY, JULY 30TH

CANET-DE-SALARS - Fishing & Nature Activity for Children at Lac de la Gourde

9:30 am to 12:00 pm - Lac de la Gourde.
For children and teenagers aged 5 to 18. Discover aquatic ecosystems through a fun fishing activity.

Admission: €12 per child aged over 8. Children aged 5 to 8 must be accompanied by an adult.

Meeting point: at the end of Chemin de Conquettes, Pareloup.

Advance booking required: +33 5 65 68 41 52.

PONT-DE-SALARS - Fishing & Nature Activity for Children

2:00 pm to 4:30 pm.

For children and teenagers aged 5 to 18. Discover aquatic ecosystems through a fun fishing activity.

Advance registration required.

Admission: €12 per child aged over 8. Children aged 5 to 8 must be accompanied by an adult.

Meeting point: Pont-de-Salars Lake - Le Vibal boat ramp, Route de Montredon car park.

VILLEFRANCHE DE PANAT - Concert

9:00 pm - Aux Fontaines.

Le Groupe du Coin features three local singers whose music will take you on a journey beyond the region.

Free admission.

Information: +33 5 65 46 46 53.

PRADES DE SALARS - Night of horror

10:00 pm - PopCorn Labyrinthe.

Night falls, the maze closes... and you're not alone. Creatures have taken over the pathways.

Not recommended for children under 16.

Advance booking required:
www.popcornlabyrinthe.fr/labyrinthe/prades

CANET DE SALARS - Open House at the Art Studio

9:30 am to 12:30 pm.

Discover paintings and creative works, including children's books, oracle cards and music, and learn more about the association's activities: sophrology, art therapy and energy healing.

By appointment only with E. Saleil - Clés de Ciel'Sol: +33 6 85 07 47 37.

PRADES DE SALARS - Blueberry Festival

9:00 am to 6:00 pm - Le Cammas.

9:00 am to 6:00 pm - Pick your own blueberries (€8/kg).

11:00 am to 3:00 pm - Open-air gourmet market.

3:00 pm - Storytelling performance: "The Woman Who Cooked Words". Admission: €5 per person. Advance booking required: +33 5 65 46 89 90.

5:00 pm - Round-table discussion: "What Future for Mountain Fruits?"

Organised by La Ferme Vachement Fruitée.

FRIDAY, JULY 31TH

VEZINS-DE-LÉVÉZOU - Evening at La Ferme du Lévézou Guinguette

At La Ferme du Lévézou.

Enjoy a festive guinguette evening with live music by Manuel Frangins.

ST LAURENT DE LEVEZOU - Village Festival

9:00 pm - Village Hall. Belote card tournament.

ARVIEU - Village festival

From 7:00 pm - Enjoy a festive evening featuring a gourmet market, aperitif concert and food prepared by local producers.

Concert programme: 7:00 pm - Manu Roig, 9:00 pm - Acloustics, 11:00 pm - Fireworks display, followed by a DJ set with DJ AIR from the ElektroJane Collective.

Organised by the Arvieu Entertainment Committee.

VILLEFRANCHE DE PANAT - La Besse village festival

ARVIEU - Sophrology Discovery Session

9:30 am – Arvieu-Pareloup Beach (indoors in case of bad weather).

A discovery session featuring dynamic relaxation and guided visualisation exercises to help you relax, feel grounded and find inner calm.

Admission: €10 (ages 7 and over).

Advance booking with Élodie Saleil – Clés de Ciel'Sol: +33 6 85 07 47 37.

ARVIEU - Sophro' Storytelling & Musical Awakening

10:45 am – Arvieu-Pareloup Beach.

Discover sophrology through storytelling, music and the exploration of musical instruments from around the world, followed by a relaxing session.

For children aged 2 to 6, accompanied by an adult.

Admission: €10 per session.

Advance booking with E. Saleil – Clés de Ciel'Sol: +33 6 85 07 47 37.

SALLES CURAN - Concert at Bellevue

Enjoy a festive evening with DJ Mr. Propre, spinning a lounge-style mix of 70s and 80s classics.

Food available on site.

Reservations and information: +33 6 87 70 02 05.

LE VIBAL - Starlit Sophrologie session

Enjoy a guided sophrology session under the stars, led by Coralie.

Admission: €15 per person.

Advance booking required: +33 6 50 54 63 88.

ST LEONS - Hike with the Léons'Bouge Association

5:00 pm – Departure from La Valette.

Ridge Trail – 8 km with 300 m of elevation gain. Admission: €5 per person. A complimentary drink will be offered at the Nature Market at the end of the hike.

SATURDAY, AUGUST 1ST

TREMOUILLES - Open-Air Cinema

9:30 pm – Near the Trémouilles Village Hall.

The Municipality of Trémouilles and Lévézou Attractivité & Tourisme present an open-air screening of Juste une illusion.

Admission: €6.

PONT DE SALARS - Saint George Musical Gatherings

8:30 pm – Saint George's Church, Camboulas.

Concert by the Jean-Marie Tiam & Daniel Alogues Gospel Duo, featuring gospel and jazz music.

Enjoy traditional fouace and a friendship drink after the concert.

Free admission. Donations welcome.

Organised by the Friends of Saint George Association.

Information: +33 6 80 72 40 50.

SÉGUR - Sheepdog Trial Competition

At Le Moulin Savy.

9:00 am to 5:00 pm – Level I and Level II sheepdog trials.

From 7:30 pm – Dinner featuring melon, aligot, pork chop and dessert (€15), followed by an evening with DJ Vic.

ST LAURENT DE LEVEZOU - Village Festival

10:30 am – Mass at Le Monseigne.

3:30 pm – Doubles pétanque competition.

Evening Sailor-Themed Party with live music by Les Dés Accordés and DJ Manon B.

Fast food available on site.

ARVIEU - Village Festival

In the heart of the village.

Family entertainment throughout the day, including a magic show, funfair rides, pony rides, bouncy castles and more.

From 7:00 pm – Arvieu Goes Wild!

3 bars, 3 stages, 3 atmospheres, and 11 FREE concerts throughout the village streets.

Dinner available in the village: €15 (tomatoes or melon, sausage and fries, cheese, and apple tartlet).

1:00 am to 4:00 am – DJ set with Podium Equinoxe.

REGULAR EVENTS

ON REQUEST

SALLES CURAN - Escampar: Puzzle Trail and Gourmet Walk

A fun village-centre walk with riddles to solve and gourmet stops along the way.

Advance booking required: +33 6 60 64 50 37.

EVERY WEEK-END

SALLES-CURAN - Cinema

At Le Grenier de Monsieur: film screenings every Friday, Saturday and Sunday. Additional screenings available on request in case of bad weather. Programme available by email: cinemasallescuran@gmail.com

ARVIEU - Rowing Introduction Sessions

Organised by the Arvieu-Pareloup Rowing Club. Notre-Dame d'Aures Beach. For schedules and information: +33 6 08 81 82 25.

EVERY MONDAY

ARVIEU - Traditional Dance Workshop

8:30 pm - R. Almès Hall. Open to everyone. Information: +33 6 74 51 47 93 (Arvieu Art de Vivre Association).

VEZINS-DE-LÉVÉZOU - Guides Hikes with Familles Rurales. Held on selected Mondays. Information : +33 6 49 16 07 18

PONT-DE-SALARS - Pétanque Competition

From 8:30 pm - Pétanque ground, Place de la Rivière. Open doubles tournament played over three rounds and open to all. Registration on site. Organised by La Boule Joyeuse.

SALLES CURAN - Guided Village Tour

10:00 am - Departure in front of the Tourist Office. Discover the village with the Tourelles et Colombages Association. Free of charge. Information: Yves Coupé - +33 6 17 06 62 23.

SALLES CURAN - Beach Lévézou Tour

2:00 pm - Vernhes II Beach. Friendly beach Volley tournament. Registration on site. Information: +33 6 30 26 62 6

EVERY TUESDAY

CANET DE SALARS - Tea dance

2:30 pm to 7:30 pm - Camping Le Caussanel. Open to everyone, no reservation required. Admission: €11, including complimentary pastries. Information: +33 6 80 56 34 98. Lunch or dinner available on site by reservation: +33 6 59 20 05 62.

SALLES-CURAN - Pétanque Competition

8:30 pm - Pétanque ground. Entry fee: €8 per team. Refreshments available on site.

PONT DE SALARS - Guided Tour of the Potions d'Oc Distillery

10:00 am to 12:00 pm. Discover this young Aveyron distillery and learn about its craft and production methods. Advance booking required: +33 7 89 59 08 96

ST LEONS - Birthplace of Jean-Henri Fabre

Open from 3:00 pm to 6:00 pm

SALLES CURAN - Eugène Viala Museum

Open from 5:00 to 8:00 pm

ARVIEU - Beach Lévézou Tour

2:00 pm - Notre-Dame d'Aures Beach.

Friendly Beach Soccer tournament. Registration on site. Information: +33 6 30 26 62 64.

PONT-DE-SALARS - Guided Tour of the Bage Pumped-Storage Power Plant

10:00 am - Departure from the Lévézou Attractivité & Tourisme Tourist Office, Place de la Rivière.

Discover the history and operation of this impressive hydroelectric pumped-storage facility. Admission: €5 per adult, €3 for children under 12. Advance booking required: +33 5 65 46 89 90.

ARVIEU - Traditional Aveyron Dinner

Saint-Martin-des-Faux - Gaubert/Lacaze Hotel-Restaurant. Every Thursday evening, enjoy a traditional veal head dinner including a starter, main course, cheese and dessert. Price: €27. Reservations: +33 5 65 46 35 00.

ARVIEU - Pascade Cooking Workshop & Farm Visit

Ferme de la Calmette. A 3-hour cooking workshop to learn how to make pascade in a traditional oven, followed by a visit to the dairy sheep farm and a snack for both adults and children. Admission: €12 per adult, €7 for children aged 3 to 12. Advance booking required: +33 6 24 24 03 83.

EVERY WEDNESDAY

CANET DE SALARS - Pétanque Competition

8:30 pm - Pétanque ground. Doubles tournament played over three rounds. Entry fee: €6 per team. Refreshment stand available throughout the evening.

VILLEFRANCHE DE PANAT - Pétanque Competition

9:00 pm - Sports area below the dam. Open doubles tournament played over three rounds. Organised by Pétanque Bessoise. Registration closes at 8:50 pm. Entry fee: €5 per team. Information: +33 6 30 82 21 64.

ARVIEU - Discover 3D Printing

1:00 pm to 6:00 pm - Notre-Dame d'Aures Beach. Demonstrations and presentations introducing the world of 3D printing.

LE VIBAL - Beach Lévézou Tour

2:00 pm - Moulinoches Beach. Friendly Sandball tournament. Registration on site. Information: +33 6 30 26 62 64.

EVERY WEDNESDAY

ARVIEU - Traditional Veal Head Lunch

During the summer market, from 12:00 pm.
Enjoy a traditional veal head lunch at one of the village restaurants: Au Bon Accueil - Reservations: +33 5 65 46 72 13 or Au P'tit Bout d'Où - Reservations: +33 5 65 60 00 19

EVERY THURSDAY

ARVIEU - Traditional Aveyron Dinner

Saint-Martin-des-Faux - Gaubert/Lacaze Hotel-Restaurant.

Every Thursday evening, enjoy a traditional aligot and sausage dinner with starter, main course, cheese and dessert.

Price: €27. Reservations: +33 5 65 46 35 00.

VILLEFRANCHE DE PANAT - Beach Lévézou Tour

2:00 pm - Granouillac Beach.

Friendly Disc golf tournament. Registration on site. Information: +33 6 30 26 62 64.

SALLES CURAN - Eugène Viala Museum

Open from 11:00 am to 12:30 pm

ST LEONS - Birthplace of Jean-Henri Fabre

Open from 3:00 pm to 6:00 pm

EVERY FRIDAY

FLAVIN - Pétanque compétition

9:00 pm. Open to everyone. Doubles tournament played over three rounds. Entry fee: €8 per team. Prizes in kind to be won.

ST LEONS - Birth place of Jean Henri Fabre

Open from 3:00 pm to 6:00 pm.

PRADES DE SALARS - Night Time Murder Mystery

At PopCorn Labyrinthe.

Step into a life-sized criminal investigation in the heart of a corn maze transformed into a crime scene.

Start: 10:00 pm.

ARVIEU - Mussels and Fries Evening

At Le Carretou, Notre-Dame d'Aures Beach.

Reservations: +33 6 11 98 17 73.

SALLES CURAN - Brasucade

7:00 pm - Restaurant Aux Berges de Pareloup. Special €19 menu celebrating 20 years of the famous mussels and fries evening. Information and reservations: +33 5 65 46 35 09.

PONT DE SALARS - Beach Lévézou Tour

2:00 pm - Plage des Rousselleries.

Friendly dodge ball tournament. Registration on site. Information: +33 6 30 26 62 64.

EVERY SATURDAY

SALLES CURAN - Local Author Book signing

10:00 am to 12:00 pm - In front of the Eugène Viala Museum, Rue du Château, during the weekly market.

Meet a local author and have your books signed.

SALLES CURAN - Eugène Viala Museum

Open from 11:00 am to 12:30 pm

EVERY SUNDAY

SALLES CURAN - Eugène Viala Museum

Open from 11:00 am to 12:30 pm

MONDAY TO FRIDAY

SALMIECH - Swimming lessons

Beginner and advanced swimming lessons during summer 2026 with Sylvain Geniez. Information and registration: +33 6 70 87 64 40.

PRADES DE SALARS - Pottery Workshop

At Les Ateliers Saugane, discover the art of pottery in a welcoming and friendly atmosphere. Lisa will guide you through hand-building and wheel-throwing techniques in her studio.

By appointment only.

Information and bookings: +33 6 36 86 84 90.

**Discover all our activities and
guided tours in our Destination
Guide!**

**Available at our Tourist
Information Offices.**

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Editorial content and copywriting: Lévézou Attractivité & Tourisme

Graphic design and illustrations: Lévézou Attractivité & Tourisme

Printed in-house - 200 copies - Free of charge - May 2026

Find us at
levevou-aveyron.com
Online event
programme

