

Parties, workshops, shows, meals, hikes, cinema... There's something for everyone and every age !



THIS SUMMER WILL BE ALL ABOUT NEW THINGS!

From July 4 to August 31, every day during summer school vacation, Micropolis offers a brand-new program of events.

Exclusively, dive into the heart of our brand-new temporary exhibition: **"Underground Curiosities"!**

Visit the park and take part in our brand-new activities and must-see events. Take this opportunity to visit Jean-Henri Fabre's house and join our activities in English!

From July 14 to August 20, on Tuesdays and Thursdays until 10 p.m., enjoy the "Nocturnes de la Cité" with special entertainment and a selection of tapas and flatbreads at the restaurant.

On-site, take advantage of all the amenities for a stress-free family day out: free parking, a restaurant, a gift shop, playgrounds, and designated picnic areas...

New: The Croc'cinelle snack offers quick and local meals, in addition to the restaurant!



more info !



FAIRS AND MARKETS

ARVIEU

Market on wednesday from 9:00 am to 12:00 am

PONT DE SALARS

Market on wednesday evening from 6:00 pm to 9:30 pm

SALLES-CURAN

Market on tuesday evening from 5:30 pm to 9:00 pm

Fair and Market on saturday, august 1st morning from 8:00 am to 12:30 am

VILLEFRANCHE DE PANAT

Market on friday from 8:00 am to 12:30 am

Market on sunday from 8:00 am to 12:30 am

ST LEONS

Market on friday evening from 6:00 pm to 11:00 pm

EXHIBITIONS

ARVIEU - ODEYUS

During the opening hours of Le Cantou. Discover textile art and graphic design through the traditional craft of tufting with Audrey, a local tufting artist from Arvieu. Learn about this unique textile-making technique through demonstrations and exchanges.

VILLEFRANCHE DE PANAT - Watercolour

Exhibition : Angéline Cottinie et Paul

Roelants

During the opening hours of the Espace Panatois. Discover a selection of refreshing watercolours by Flemish artists Angeline Cottinie and Paul Roelants. Inspired by the surrounding countryside, the couple creates vibrant, colourful compositions that capture the beauty of the local landscape.

ALRANCE - Acrylic, Watercolour & Pastel

Painting Exhibition

Every afternoon from 2:00 pm to 7:00 pm - Maison du Patrimoine. Exhibition of paintings by the Cassagnes-Bégonhès Art Club, featuring acrylics, watercolours and pastel works.

SALLES-CURAN - Al Toupi

At Al Toupi Restaurant. Exhibition of amateur photographs until 30 September.

SATURDAY, AUGUST 1ST

TREMOUILLES - Open-Air Cinema

9:30 pm - Near the Trémouilles Village Hall.
The Municipality of Trémouilles and Lévézou
Attractivité & Tourisme present an open-air
screening of Juste une illusion.
Admission: €6.

PONT DE SALARS - Saint George Musical Gatherings

8:30 pm - Saint George's Church, Camboulas.
Concert by the Jean-Marie Tiam & Daniel
Alogues Gospel Duo, featuring gospel and jazz
music.
Enjoy traditional fouace and a friendship drink
after the concert.
Free admission. Donations welcome.
Organised by the Friends of Saint George
Association.
Information: +33 6 80 72 40 50.

SÉGUR - Sheepdog Trial Competition

At Le Moulin Savy.
9:00 am to 5:00 pm - Level I and Level II
sheepdog trials.
From 7:30 pm - Dinner featuring melon, aligot,
pork chop and dessert (€15), followed by an
evening with DJ Vic.

ST LAURENT DE LEVEZOU - Village Festival

10:30 am - Mass at Le Monseigneur.
3:30 pm - Doubles pétanque competition.
Evening Sailor-Themed Party with live music
by Les Dés Accordés and DJ Manon B.
Fast food available on site.

ARVIEU - Village Festival

In the heart of the village.
Family entertainment throughout the day,
including a magic show, funfair rides, pony
rides, bouncy castles and more.
From 7:00 pm - Arvieu Goes Wild!
3 bars, 3 stages, 3 atmospheres, and 11 FREE
concerts throughout the village streets.
Dinner available in the village: €15 (tomatoes or
melon, sausage and fries, cheese, and apple
tartlet).
1:00 am to 4:00 am - DJ set with Podium
Equinoxe.

VILLEFRANCHE DE PANAT - La Besse Village Festival

2:30 pm - Doubles Pétanque Competition (€10
entry, prizes and trophy to be won).
8:00 pm - Dinner featuring salad and
charcuterie, traditional cheese soup, cheese,
dessert and coffee (€18), with music by the
Laurent Gineste Orchestra.

SUNDAY, AUGUST 2ND

ARVIEU - Summer Visitors' Festival

Shows, food stalls and a funfair.
8:00 am - Hunters' Breakfast - €15
9:30 am - 7:00 pm - Car Boot Sale throughout the
village
2:00 pm - Doubles Pétanque Competition
4:00 pm - Costumed Horse Parade through the
village streets by ATEA
5:00 pm - Tea Dance
9:00 pm - Dance Dinner featuring paella, with
music by the François Xavier Orchestra
Advance booking recommended: +33 (0)6 22 88
30 36.

ST LAURENT DE LEVEZOU - Village Festival

8:00 am - Traditional Tripoux Breakfast
12:00 pm - Village Aperitif
12:30 pm - Traditional Paume Ceremony
3:00 pm - Doubles Pétanque Competition
Throughout the afternoon: demonstrations of
traditional threshing by Tracto Rétro Muse,
bouncy castle, face painting for children and
horse-drawn carriage rides.
5:00 pm - Musette Dance with Guillaume Fric
9:00 pm - Aligot and Sausage Dinner
10:00 pm - 80s Closing Party

LE VIBAL - Seniors' Club Bingo

2:00 pm - Village Hall.
Bingo organised by the Le Vibal Seniors' Club.

VILLEFRANCHE DE PANAT - La Besse Village Festival

9:30 am - Vintage Vehicle Exhibition
2:30 pm - Doubles Pétanque Competition
8:00 pm - Local Producers' Market with
entertainment by Thierry Bonnefous

SÉGUR - Sheepdog Trial Competition

9:00 am - 6:00 pm - Level III Sheepdog Trial
Competition.
12:00 pm - Seated lunch under the marquee,
served by the Hôtel du Viar: charcuterie, baby
potatoes, pork ribs and cream-filled cabbage
pastry.
6:00 pm - Prize-giving ceremony and podium.
At Moulin Savy.

MONDAY, AUGUST 3RD

VILLEFRANCHE-DE-PANAT - Night Market

7:00 pm - 11:00 pm. Organised by the Les
Ruralies Panatoises association.
Browse a wide range of stalls and enjoy local
specialities to eat on-site or take away.
Live musical entertainment by MeliMelo.

MONDAY, AUGUST 3RD

SALLES-CURAN – Artisan Makers' Market

Discover a wide selection of handcrafted products, all made and sold by the artisans themselves. Meet the makers and explore their unique and welcoming worlds. A variety of crafts will be on display, including leatherwork, woodworking, pottery, handmade soaps, knives, artistic ironwork, jewellery, bags, fashion accessories and wool products.

VILLEFRANCHE DE PANAT - Concert at Les Cantarelles Campsite Restaurant

7:00 pm – Concert featuring Miss Jukebox.
Barbecue meal available – €15. Advance booking required: +33 (0)6 75 63 48 93.

TUESDAY, AUGUST 4TH

VILLEFRANCHE DE PANAT - "La Tour de Peyrebrune" Evening Hike

5:00 pm – Departure from Villefranche-de-Panat (15 km return) or 6:00 pm – Departure from Alrance (9 km return), following the waymarked trails to Peyrebrune Tower. Participation: €20, including an aperitif and dinner. Advance registration required before 2 August: Espace Panatois – +33 (0)5 65 46 46 53.

WEDNESDAY, AUGUST 5TH

ARVIEU – Aerial Yoga Dance – Discovery Session

9:00 am, 10:15 am or 11:30 am – Jardin d'Arvieu, La Grange Hall.
Experience aerial yoga dance using a hammock to breathe, relax, explore the fabric and try a variety of aerial postures.
Suitable for ages 7 and over. Maximum 6 participants. €15 per person. Advance booking required: E. Saleil – Clés de Ciel Sol – +33 (0)6 85 07 47 37.

VÉZINS-DE-LÉVÉZOU – Parish Bingo

8:30 pm – Parish bingo at the Espace Vezinois.

ARVIEU - Repair café

9:00 am – 12:00 pm – Former Presbytery.
Club Bidouille repair workshop – free contribution (ground floor).
Obrador makerspace – free entry, day membership: €5 (first floor).

THURSDAY, AUGUST 6TH

CANET-DE-SALARS – Farm Dinner & Show

From 7:00 pm – Ferme de l'Aulto, Le Puech Arnal.
Enjoy an evening of food and entertainment with Compagnie Tête d'Ampoule, featuring magic tricks and acrobatics, followed by a meal of local specialities: baby potatoes, goat sausage, goat's cheese and dessert from Ferme du Froncalou.
€40 per adult (show and meal included) and €30 for children under 12.
A unique cultural experience in the heart of the local farms!

CANET-DE-SALARS – Fishing & Nature Activity for Children at Lac de la Gourde

9:30 am – 12:00 pm – Lac de la Gourde.
A fun introduction to freshwater environments through a fishing and nature activity for children and teenagers aged 5 to 18.
€12 per child aged over 8. Children aged 5 to 8 must be accompanied by an adult.
Meeting point: Chemin de Conquettes, Pareloup.
Advance booking: +33 (0)5 65 68 41 52 or www.animation.pecheaveyron.fr.

LE VIBAL – Fishing & Nature Activity for Childrens at Le Vibal

2:00 pm – 4:30 pm – Pont-de-Salars Lake.
A fun introduction to freshwater environments through a fishing and nature activity for children and teenagers aged 5 to 18. €12 per child aged over 8. Children aged 5 to 8 must be accompanied by an adult. Meeting point: Boat launch ramp, Le Vibal, Pont-de-Salars Lake (Montredon Road car park). Advance booking: +33 (0)5 65 68 41 52 or www.animation.pecheaveyron.fr.

THURSDAY, AUGUST 6TH

PONT-DE-SALARS – Concert at Les Rousselleries

Concert featuring Nomis at Les Rousselleries x Balou Balou restaurant.
Advance booking recommended: +33 (0)9 67 17 24 34.

PRADES-DE-SALARS – Night of Horror

10:00 pm – Popcorn Labyrinthe.
As night falls, the maze closes in... and you're not alone. Sinister creatures have taken over the paths for a terrifying experience.
Not recommended for children under 16.
Advance booking required: www.popcornlabyrinthe.fr/labyrinthe/prades or +33 (0)6 29 70 69 99.

THURSDAY, AUGUST 6TH

ARVIEU – Women's Circle

An artistic ritual celebrating the art of transformation, reconnecting with your inner radiant child through a range of art therapy practices, including body painting, singing, dance, meditation, visualisation, music and drumming.

Open to women and girls aged 7 and over.
€25 per person.

VEZINS DE LEVEZOU - Belote Card Tournament

2:00 pm – Résidence des Deux Ponts.
Held on the first Thursday of every month.
Free entry, with complimentary refreshments.
For further information, contact the Lévézou Seniors Information Point on +33 (0)5 65 58 15 25.

PRADES DE SALARS - Evening Hike: "Towards Lescure-Fangel and Saugane Woods"

12 km – Approx. 3 hours – Easy – 200 m elevation gain.

Organised by the Découverte en Pays de Salars association.

A complimentary friendship drink will be offered at the end of the hike.

€2 per person. Advance booking: +33 (0)5 65 46 89 90.

SAINT-LAURENT-DE-LÉVÉZOU – Open-Air Cinema

The Municipality of Saint-Laurent-de-Lévézou and Lévézou Attractivité & Tourisme invite you to an open-air cinema screening near the village hall.

9:30 pm – Juste une illusion

Admission: €6

ST LAURENT DE LEVEZOU -Gourmet Hike at Monseigne

10:00 am – Departure from the Mauriac Village Hall car park.

A 6.5 km (approx. 2-hour) walk with several gourmet tasting stops along the route.

Prices: Adults: €6/Children (up to 12 years): €3
Advance booking: +33 (0)5 65 46 89 90

FRIDAY, AUGUST 7TH

ARVIEU - Sophro'singing

At 10:45 am, discover a unique relaxation session combining breathing techniques, vocal exercises and guided visualisation to explore your voice while promoting well-being and relaxation. Suitable for participants aged 7 and over. Price: €10. Advance booking required with Élodie SALEIL – Clés de Ciel'Sol on +33 (0)6 85 07 47 37.

FRIDAY, AUGUST 7TH

PONT DE SALARS – Festa del Pont

Join the festivities at 8:30 pm for the Summer Bingo, organised by the local skittles club at the village hall. A fun evening open to everyone.

SALLES CURAN – One-Man Show

Enjoy an evening of comedy with Olivier Mas at Le Bellevue restaurant and wine bar. Food will be available on site. For bookings and information, please call +33 (0)6 87 70 02 05.

VEZINS DE LEVEZOU- Guinguette Evening at Ferme du Lévézou

Spend a convivial evening at La Ferme du Lévézou with live music from the group Du'Okami. A perfect opportunity to enjoy good food, music and a relaxed atmosphere in the countryside.

ST LEONS – Concert

From 7:00 pm, enjoy a live performance by the duo Berzinc during the evening market.

ARVIEU - Sophro dance

9At 9:30 am, take part in a relaxing session combining movement, breathing exercises, guided visualisation and free dance to help release tension and restore inner balance. The activity is suitable for participants aged 7 and over. Price: €10. Advance booking required with Élodie SALEIL – Clés de Ciel'Sol on +33 (0)6 85 07 47 37.

SAMEDI 8 AOUT

PONT DE SALARS - Festal del pont

Celebrate Festa del Pont with a full day of entertainment. The programme begins at 10:00 am with a guided walk, followed at 2:00 pm by a doubles pétanque competition, traditional skittles and children's games. In the evening, enjoy live bandas music from 7:00 pm, followed by a festive dinner at 8:00 pm featuring ham with melon, veal steak with truffade, ice cream and coffee (€18). The celebrations continue at 10:00 pm with UHO – One Man Band, before a dance party with Podium Equinoxe from midnight.

PONT DE SALARS - Open-Air Cinema

At 9:30 pm, enjoy an open-air screening under the covered market hall in Camboulas. The Municipality of Pont-de-Salars, Lévézou Attractivité & Tourisme, the Sauvegarde et Vie du Pujol Camboulas association and Mondes et Multitudes present La Bataille de Gaulle : l'âge de fer. Admission: €6.

SALLES CURAN - Bingo

The Silver Fir Club invites everyone to a friendly bingo evening at 8:30 pm in the village hall.

REGULAR EVENTS

ON REQUEST

SALLES CURAN - Escampar: Puzzle Trail and Gourmet Walk

A fun village-centre walk with riddles to solve and gourmet stops along the way.
Advance booking required: +33 6 60 64 50 37.

EVERY WEEK-ENDS

SALLES-CURAN - Cinema

At Le Grenier de Monsieur: film screenings every Friday, Saturday and Sunday. Additional screenings available on request in case of bad weather. Programme available by email: cinemasallescuran@gmail.com

ARVIEU - Rowing Introduction Sessions

Organised by the Arvieu-Pareloup Rowing Club. Notre-Dame d'Aures Beach. For schedules and information: +33 6 08 81 82 25.

CAMP

SALMIECH - Tennis Camp

From 3 to 7 August 2026, the Salmiech Tennis Club is organising a tennis camp for children aged 9 and over. Participants will enjoy tennis lessons every morning, followed by beach sports and multi-sport activities in the afternoon. The fee is €135, including coaching, activities and an afternoon snack. For further information, please contact Mathieu on +33 (0)6 22 49 04 33.

FROM MONDAY TO FRIDAY

SALMIECH - Swimming lessons

Beginner and advanced swimming lessons during summer 2026 with Sylvain Geniez. Information and registration: +33 6 70 87 64 40.

PRADES DE SALARS - Pottery Workshop

At Les Ateliers Saugane, discover the art of pottery in a welcoming and friendly atmosphere. Lisa will guide you through hand-building and wheel-throwing techniques in her studio.
By appointment only.
Information and bookings: +33 6 36 86 84 90.

EVERY MONDAY

SALLES CURAN - Guided Village Tour

10:00 am - Departure in front of the Tourist Office. Discover the village with the Tourelles et Colombages Association. Free of charge. Information: Yves Coupé - +33 6 17 06 62 23.

EVERY MONDAY

ARVIEU - Traditional Dance Workshop

8:30 pm - R. Almès Hall. Open to everyone.
Information: +33 6 74 51 47 93 (Arvieu Art de Vivre Association).

VEZINS-DE-LÉVÉZOU - Guides Hikes with Familles Rurales. Held on selected Mondays.
Information : +33 6 49 16 07 18

PONT-DE-SALARS - Pétanque Competition

From 8:30 pm - Pétanque ground, Place de la Rivière. Open doubles tournament played over three rounds and open to all. Registration on site. Organised by La Boule Joyeuse.

SALLES CURAN - Beach Lévézou Tour

2:00 pm - Vernhes II Beach. Friendly beach Tchoukball tournament. Registration on site.
Information: +33 6 30 26 62 6

EVERY TUESDAY

CANET DE SALARS - Tea dance

2:30 pm to 7:30 pm - Camping Le Caussanel. Open to everyone, no reservation required. Admission: €11, including complimentary pastries. Information: +33 6 80 56 34 98. Lunch or dinner available on site by reservation: +33 6 59 20 05 62.

SALLES-CURAN - Pétanque Competition

8:30 pm - Pétanque ground.
Entry fee: €8 per team. Refreshments available on site.

PONT DE SALARS - Guided Tour of the Potions d'Oc Distillery

10:00 am to 12:00 pm.
Discover this young Aveyron distillery and learn about its craft and production methods. Advance booking required: +33 7 89 59 08 96

ST LEONS - Birthplace of Jean-Henri Fabre

Open from 3:00 pm to 6:00 pm

SALLES CURAN - Eugène Viala Museum

Open from 5:00 to 8:00 pm

ARVIEU - Pascade Cooking Workshop & Farm Visit

Ferme de la Calmette. A 3-hour cooking workshop to learn how to make pascade in a traditional oven, followed by a visit to the dairy sheep farm and a snack for both adults and children. Admission: €12 per adult, €7 for children aged 3 to 12. Advance booking required: +33 6 24 24 03 83.

ARVIEU - Traditional Aveyron Dinner

Saint-Martin-des-Faux - Gaubert/Lacaze Hotel-Restaurant. Every Thursday evening, enjoy a traditional veal head dinner including a starter, main course, cheese and dessert. Price: €27. Reservations: +33 5 65 46 35 00.

EVERY TUESDAY

PONT-DE-SALARS - Guided Tour of the Bage Pumped-Storage Power Plant

10:00 am - Departure from the Lévézou Attractivité & Tourisme Tourist Office, Place de la Rivière.

Discover the history and operation of this impressive hydroelectric pumped-storage facility. Admission: €5 per adult, €3 for children under 12. Advance booking required: +33 5 65 46 89 90.

ARVIEU - Beach Lévézou Tour

2:00 pm - Notre-Dame d'Aures Beach.

Friendly Sandball tournament. Registration on site. Information: +33 6 30 26 62 64.

SALMIECH - Aquagym Class

Join an aquagym class with Sylvain Geniez from 7:20 pm to 8:00 pm. The session is suitable for all levels. Price: €5. Advance booking required on +33 (0)6 70 87 64 40.

EVERY WEDNESDAY

CANET DE SALARS - Pétanque Competition

8:30 pm - Pétanque ground. Doubles tournament played over three rounds. Entry fee: €6 per team. Refreshment stand available throughout the evening.

VILLEFRANCHE DE PANAT - Pétanque Competition

9:00 pm - Sports area below the dam. Open doubles tournament played over three rounds. Organised by Pétanque Bessoise. Registration closes at 8:50 pm. Entry fee: €5 per team. Information: +33 6 30 82 21 64.

ARVIEU - Discover 3D Printing

1:00 pm to 6:00 pm - Notre-Dame d'Aures Beach. Demonstrations and presentations introducing the world of 3D printing.

LE VIBAL - Beach Lévézou Tour

2:00 pm - Moulinoches Beach.

Friendly "Quilles au maillet" tournament. Registration on site. Information: +33 6 30 26 62 64.

ARVIEU - Traditional Veal Head Lunch

During the summer market, from 12:00 pm.

Enjoy a traditional veal head lunch at one of the village restaurants: Au Bon Accueil - Reservations: +33 5 65 46 72 13 or Au P'tit Bout d'Où - Reservations: +33 5 65 60 00 19

EVERY THURSDAY

SALLES CURAN - Eugène Viala Museum

Open from 11:00 am to 12:30 pm

ST LEONS - Birthplace of Jean-Henri Fabre

Open from 3:00 pm to 6:00 pm

ARVIEU - Traditional Aveyron Dinner

Saint-Martin-des-Faux - Gaubert/Lacaze Hotel-Restaurant.

Every Thursday evening, enjoy a traditional aligot and sausage dinner with starter, main course, cheese and dessert.

Price: €27. Reservations: +33 5 65 46 35 00.

VILLEFRANCHE DE PANAT - Beach Lévézou Tour

2:00 pm - Granouillac Beach.

Friendly Beach Volley tournament. Registration on site. Information: +33 6 30 26 62 64.

SALMIECH - Aquagym Class

Join an aquagym class with Sylvain Geniez from 9:00 am to 9:40 am. The session is suitable for all levels. Price: €5. Advance booking required on +33 (0)6 70 87 64 40.

EVERY FRIDAY

FLAVIN - Pétanque compétition

9:00 pm. Open to everyone. Doubles tournament played over three rounds. Entry fee: €8 per team. Prizes in kind to be won.

ST LEONS - Birth place of Jean Henri Fabre

Open from 3:00 pm to 6:00 pm.

PRADES DE SALARS - Night Time Murder Mystery

At PopCorn Labyrinthe.

Step into a life-sized criminal investigation in the heart of a corn maze transformed into a crime scene.

Start: 10:00 pm.

ARVIEU - Mussels and Fries Evening

At Le Carretou, Notre-Dame d'Aures Beach. Reservations: +33 6 11 98 17 73.

SALLES CURAN - Brasucade

7:00 pm - Restaurant Aux Berges de Pareloup. Special €19 menu celebrating 20 years of the famous mussels and fries evening. Information and reservations: +33 5 65 46 35 09.

PONT DE SALARS - Beach Lévézou Tour

2:00 pm - Plage des Rousselleries.

Friendly Beach Soccer tournament. Registration on site. Information: +33 6 30 26 62 64.

SALLES CURAN - Local Author Book signing

10:00 am to 12:00 pm - In front of the Eugène Viala Museum, Rue du Château, during the weekly market.

Meet a local author and have your books signed.

SALLES CURAN - Eugène Viala Museum

Open from 11:00 am to 12:30 pm

SALLES CURAN - Eugène Viala Museum

Open from 11:00 am to 12:30 pm