

Parties, workshops, shows, meals, hikes, cinema... There's something for everyone and every age !



THIS SUMMER WILL BE ALL ABOUT NEW THINGS!

From July 4 to August 31, every day during summer school vacation, Micropolis offers a brand-new program of events.

Exclusively, dive into the heart of our brand-new temporary exhibition: **"Underground Curiosities"!**

Visit the park and take part in our brand-new activities and must-see events. Take this opportunity to visit Jean-Henri Fabre's house and join our activities in English!

From July 14 to August 20, on Tuesdays and Thursdays until 10 p.m., enjoy the **"Nocturnes de la Cité"** with special entertainment and a selection of tapas and flatbreads at the restaurant.

On-site, take advantage of all the amenities for a stress-free family day out: **free parking, a restaurant, a gift shop, playgrounds, and designated picnic areas...**

New: The **Croc'cinelle** snack offers quick and local meals, in addition to the restaurant!

more info !



FAIRS AND MARKETS

ARVIEU

Market on wednesday from 9:00 am to 12:00 am

PONT DE SALARS

Market on wednesday evening from 6:00 pm to 9:30 pm

Fair on thursday morning, august 20th

SALLES-CURAN

Market on tuesday evening from 5:30 pm to 9:00 pm

Market on saturday morning from 8:00 am to 12:30 am

VILLEFRANCHE DE PANAT

Market on friday from 8:00 am to 12:30 am

Market on sunday from 8:00 am to 12:30 am

ST LEONS

Market on friday evening from 6:00 pm to 11:00 pm



WORLD RECORD FOR THE LARGEST "BRISE PIED"

IN PONT DE SALARS VOLUME 2

WITH THE ORCHESTRA VÉRONIQUE POMIÈS

WEDNESDAY AUGUST 19 7:30 PM

LET'S MAKE PONT DE SALARS SHAKE AND WRITE OUR NAME IN THE RECORDS BOOK !
COME WITH YOUR FAMILY, FRIENDS, NEIGHBORS OR JUST OUT OF CURIOSITY... EVERYONE COUNTS !

2812 PEOPLE RECORD TO BEAT

FOOD & DRINKS
AVAILABLE ON-SITE
OR TO TAKE AWAY

6 PM

BEFORE THE MAIN CONCERT
BY THE CHORALE DU LÉVÉZOU
AND THE CHORALE DE SEBAZAC

FESTIVE TERRACES
HOTEL RESTAURANT DES VOYAGEURS
HOTEL RESTAURANT L'AGAPANTHE
BAR RESTAURANT L'ESTANQUET

EXHIBITIONS

ARVIEU - ODEYUS

During the opening hours of Le Cantou. Discover textile art and graphic design through the traditional craft of tufting with Audrey, a local tufting artist from Arvieu. Learn about this unique textile-making technique through demonstrations and exchanges.

VILLEFRANCHE DE PANAT - Watercolour

Exhibition : Angéline Cottinie et Paul

Roelants

During the opening hours of the Espace Panatois. Discover a selection of refreshing watercolours by Flemish artists Angeline Cottinie and Paul Roelants. Inspired by the surrounding countryside, the couple creates vibrant, colourful compositions that capture the beauty of the local landscape.

ALRANCE - Acrylic, Watercolour & Pastel

Painting Exhibition

Every afternoon from 2:00 pm to 7:00 pm - Maison du Patrimoine. Exhibition of paintings by the Cassagnes-Bégonhès Art Club, featuring acrylics, watercolours and pastel works.

SALLES-CURAN - Al Toupi

At Al Toupi Restaurant. Exhibition by Charly Seuguret Albouy until 30 September.

SATURDAY, AUGUST 15TH

VILLEFRANCHE DE PANAT - Lévézou Trail

At the Sports Hall.

Choose from: 10 km trail - €15

24 km trail - €2210 km guided hike - €10

The routes follow marked trails across the Monts et Lacs du Lévézou plateau.

Children's race: Free of charge.

Advance registration: www.ats-sport.com

Organised by Courir en Lévézou.

Information: +33 (0)6 48 75 43 00.

SALLES-CURAN - Les Canabières Festival

8:00 am - Traditional Tripoux Breakfast

3:30 pm - Folk dance performance by Les Clavelous

6:00 pm - Free tea dance at the Village Hall, with the Véronique Pomies Orchestra. Throughout the evening, enjoy mussels and fries or sausages and fries.

A bouncy castle will be available throughout both days of the festival.

Organised by the Festival Committee.

SATURDAY, AUGUST 15TH

PONT-DE-SALARS - Saint George Musical Gatherings

8:30 pm - Saint George's Church, Camboulas.

Concert featuring the Darcourt Duo and an ensemble of musicians.

After the concert, enjoy traditional fouace and a friendship drink.

Free admission. Donations welcome.

Organised by the Friends of Saint George Association.

Information: +33 (0)6 80 72 40 50.

COMPS LA GRAND'VILLE - Village Festival

8:00 am - 12:00 pm - Traditional Tripoux & Farçous Breakfast

9:00 am - Singles Pétanque Competition

2:30 pm - Doubles Pétanque Competition

Lunch featuring charcuterie, potatoes, tripoux, fouace, cheese and coffee.

Price: €16.

Advance booking before 10 August:

+33 (0)6 15 96 01 25 or +33 (0)6 83 35 97 67.

7:30 pm - Dinner Dance.

SALLES CURAN - Aveyron Open Regatta

Lake Tour Course.

Registration: from 11:00 am each morning at the CYVP clubhouse or by calling +33 (0)5 65 46 36 74.

Regatta starts at 2:00 pm.

LE VIBAL - Frayssinhes Festival

8:00 am - 1:00 pm - Traditional Tripoux Breakfast at the Village Hall.

Menu includes charcuterie, a choice of veal head with gribiche sauce or tripoux, parsley baby potatoes, wine, cheese, fouace and coffee.

Price: €16 per adult.

Children's menu: €8.

SUNDAY, AUGUST 16TH

SALLES CURAN - Aveyron Open Regattas

Surprise course. Registration from 11 am every morning at the CYVP clubhouse or by calling 05 65 46 36 74. Regattas start at 2 pm.

PRADES DE SALARS - Tripoux breakfast

9 am - Tripoux breakfast at Bar Y Cou. €20. Booking required with Thierry on 06 14 03 81 64.

MONDAY, AUGUST 17TH

VILLEFRANCHE DE PANAT - Night market

Organised by the Les Ruralies Panatoises association. Numerous exhibitors. Local products to enjoy on site or take away. Live music with MeliMelo.

TUESDAY, AUGUST 18TH

ARVIEU - Aerial Silks Dance Class

Dance in the air, explore the fabric and experiment with aerial poses. 1-hour session from 10 am to 11 am or from 11:15 am to 12:15 pm. At the Grange hall. €17 per person. Booking required on +336 85 07 47 37.

ARVIEU - Outdoor cinema : Vaiana

9 pm. Screening of the film Moana at Notre Dame d'Aures beach (indoor screening at the Salle des Tilleuls in case of bad weather). €6.

PONT DE SALARS - Concert at the Chapel of Salars

6 pm at the Chapel of Salars. The "Musique en Joie" association presents Miriam Bensad, a young talent performing a cello recital. Free admission, with a contribution appreciated.

WEDNESDAY, AUGUST 19TH

SALLES CURAN - Conference

8:30 pm - Salle du Grenier de Monsieur. "La Millavoise, Croquer of Paintings and Lovers" by Louis MERCADIÉ. Organised by the Amis d'Eugène Viala et du Lévezou association. €8 contribution.

ST LAURENT DE LEVEZOU - Herbal Secrets: Botanical Walk

9:30 am to 12:00 pm.

Did you know that the trails of the Massif du Monseigne are full of treasures for both our health and our taste buds? Enjoy a 2½-hour immersion in nature with a certified herbalist and discover a whole new way of seeing the plant world.

Advance booking required: +33 6 45 70 23 63.

PONT DE SALARS - World Record for the largest "Brise Pied"

From 7 pm at the summer market - attempt to break the world record for the largest "Brise Pied", with the Véronique Pomiès orchestra. The "Brise Pied" is a traditional dance from Aveyron.

THURSDAY, AUGUST 20TH

CANET-DE-SALARS - Fishing & Nature Activity for Children at Lac de la Gourde

9:30 am to 12:00 pm - Lac de la Gourde.

For children and teenagers aged 5 to 18. Discover aquatic ecosystems through a fun fishing activity.

Admission: €12 per child aged over 8. Children aged 5 to 8 must be accompanied by an adult.

Meeting point: at the end of Chemin de Conquettes, Pareloup.

Advance booking required: +33 5 65 68 41 52.

PONT-DE-SALARS - Fishing & Nature Activity for Children

2:00 pm to 4:30 pm.

For children and teenagers aged 5 to 18. Discover aquatic ecosystems through a fun fishing activity.

Advance registration required.

Admission: €12 per child aged over 8. Children aged 5 to 8 must be accompanied by an adult.

Meeting point: Pont-de-Salars Lake - Le Vibal boat ramp, Route de Montredon car park.

ALRANCE - Concert at Les Cantarelles Restaurant

7 pm - Evening entertainment by the ZAHER band. Barbecue. €15. Booking required on +33 6 75 63 48 93.

PRADES DE SALARS - Horror Night at PopCorn Labyrinthe

10 pm. Night falls, the labyrinth closes... and you are not alone. Creatures have invaded the paths. Not recommended for under-16s.

Advance booking required at www.popcornlabyrinthe.fr/labyrinthe/prades

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SALLES CURAN - Gourmet Hike to La Vierge des Lacs

Departure at 10 am from the Villefranquette car park. 7 km hike (approximately 2 hours) with gourmet stops along the way. €6, €3 for children under 12. Booking required on +33 5 65 46 89 90.

THURSDAY, AUGUST 20TH

TREMOUILLES - Night Hike: Towards Deux Aigues, Vioulou and Viaur

17 pm. Distance: 10 km, duration: 3 hours, elevation gain: 300 m. Departure at 7 pm in front of the Trémouilles village hall. Please bring suitable footwear, a drink, a flashlight or headlamp, and a picnic or packed meal. At the end of the hike, a complimentary drink will be offered. Booking required on +33 5 65 46 89 90.

CANET DE SALARS : Outdoor Cinema : Chasse gardée 2

9 pm - Outdoor screening at Place de la Mairie. *Chasse gardée 2* (2025). €6.

ARVIEU - Aerial Yoga Dance

Yoga dance on a hammock to explore aerial poses, combining sophrology and sound meditation. From age 7. Maximum 6 participants. €15, booking required with E. SALEIL - Clés de Ciel Sol on +33 6 85 07 47 37. €40 per person for the workshop. Limited places. Previous experience required. Location to be confirmed.

FRIDAY, AUGUST 21TH

CANET DE SALARS - Village Festival

9 pm - Bingo at the village hall, with €3,000 worth of prizes. Super bingo: two meals at the Vieux Pont gourmet restaurant in Belcastel (worth €430).

ST LEONS - Village Festival

6:30 pm - Espace JH Fabre. Closing of the Marchés Nature with an aperitif accompanied by the sounds of the Bandas, featuring "Carole Bricole de Mathieu", followed by "Duo à deux". Refreshments and food available on site.

SALMIECH - Night Gourmet Market

7 pm - At the square behind the Town Hall. Come and choose your products and sample the specialities from local artisan producers, create your own meal and enjoy it on site with live music!

VEZINS DE LEVEZOU - Evening at the Lévézou Guinguette

Osmose Trio. Come and enjoy the festive atmosphere of our guinguette evenings at La Ferme du Lévézou! Location: Les Vialettes du Ram.

FRIDAY, AUGUST 21TH

SALLES CURAN - Concert at Bellevue

Come and enjoy a festive atmosphere with JEFF SENEGAS, the Mad Pianist. Food available on site. Booking and information: +33 6 87 70 02 05.

PONT DE SALARS - Blind Test Evening

Blind test evening at Les Rousselleries restaurant.

FLAVIN - Blind Test Evening

The community bar moves to the hamlet of Ferrieu from 7 pm. Gourmet platters are available to order for €12. Booking required on +33 6 85 51 09 54.

SATURDAY, AUGUST 22TH

ST LEONS - Village Festival

2 pm - Plant workshop led by Nadine Séguret Albouy at the birthplace of JH Fabre.

Pétanque tournament in doubles. 8 pm - Aperitif concert with Deryves, local tapas, Les Humeurs Cérébrales and DJ Podium Equinoxe.

CANET DE SALARS - Village Festival

7 am - Mountain bike rides: 30 km (550 m elevation gain) €8; 44 km (1,100 m elevation gain) €10; 58 km (1,450 m elevation gain) €10. Registration on HelloAsso. Information: +33 6 74 28 00 74.

9 am - Hiking and tasting walk, 11 km (€5). Registration on HelloAsso. Information: +33 7 62 61 63 80.

2 pm - Doubles pétanque tournament (€8 per team).

8 pm - Aperitif concert with Les Chamalots.

11 pm - DJ night with DJ Pepitox.

REGULAR EVENTS

EVERY WEEK-ENDS

SALLES-CURAN - Cinema

At Le Grenier de Monsieur: film screenings every Friday, Saturday and Sunday. Additional screenings available on request in case of bad weather. Programme available by email: cinemasallescuran@gmail.com

ARVIEU - Rowing Introduction Sessions

Organised by the Arvieu-Pareloup Rowing Club. Notre-Dame d'Aures Beach. For schedules and information: +33 6 08 81 82 25.

ON REQUEST

SALLES CURAN - Escampar: Puzzle Trail and Gourmet Walk

A fun village-centre walk with riddles to solve and gourmet stops along the way.
Advance booking required: +33 6 60 64 50 37.

FROM MONDAY TO FRIDAY

SALMIECH - Swimming lessons

Beginner and advanced swimming lessons during summer 2026 with Anne Muquenne au +336 45 07 20 72

PRADES DE SALARS - Pottery Workshop

At Les Ateliers Saugane, discover the art of pottery in a welcoming and friendly atmosphere. Lisa will guide you through hand-building and wheel-throwing techniques in her studio.
By appointment only.
Information and bookings: +33 6 36 86 84 90.

FROM TUESDAY TO SUNDAY

SALMIECH - Musée du Charroi Rural

Open Tuesday to Sunday, 2:30 pm to 6:30 pm.
Discover a collection dedicated to the history of rural horse-drawn transport. Admission: €3.
Free entry for visitors under 26.

EVERY MONDAY

SALLES CURAN - Guided Village Tour

10:00 am - Departure in front of the Tourist Office. Discover the village with the Tourelles et Colombages Association. Free of charge. Information: Yves Coupé - +33 6 17 06 62 23.

ARVIEU - Traditional Dance Workshop

8:30 pm - R. Almès Hall. Open to everyone.
Information: +33 6 74 51 47 93 (Arviu Art de Vivre Association).

VEZINS-DE-LÉVÉZOU - Guides Hikes with Familles Rurales. Held on selected Mondays.
Information : +33 6 49 16 07 18

PONT-DE-SALARS - Pétanque Competition

From 8:30 pm - Pétanque ground, Place de la Rivière. Open doubles tournament played over three rounds and open to all. Registration on site. Organised by La Boule Joyeuse.

EVERY TUESDAY

SALLES-CURAN - Pétanque Competition

8:30 pm - Pétanque ground.
Entry fee: €8 per team. Refreshments available on site.

SALLES CURAN - Eugène Viala Museum

Open from 5:00 to 8:00 pm

EVERY TUESDAY

CANET DE SALARS - Tea dance

2:30 pm to 7:30 pm - Camping Le Caussanel.
Open to everyone, no reservation required.
Admission: €11, including complimentary pastries. Information: +33 6 80 56 34 98.
Lunch or dinner available on site by reservation: +33 6 59 20 05 62.

PONT DE SALARS - Guided Tour of the Potions d'Oc Distillery

10:00 am to 12:00 pm.
Discover this young Aveyron distillery and learn about its craft and production methods.
Advance booking required: +33 7 89 59 08 96

ST LEONS - Birthplace of Jean-Henri Fabre

Open from 3:00 pm to 6:00 pm

ARVIEU - Pascade Cooking Workshop & Farm Visit

Ferme de la Calmette. A 3-hour cooking workshop to learn how to make pascade in a traditional oven, followed by a visit to the dairy sheep farm and a snack for both adults and children. Admission: €12 per adult, €7 for children aged 3 to 12. Advance booking required: +33 6 24 24 03 83.

ARVIEU - Traditional Aveyron Dinner

Saint-Martin-des-Faux - Gaubert/Lacaze Hotel-Restaurant. Every Thursday evening, enjoy a traditional veal head dinner including a starter, main course, cheese and dessert. Price: €27. Reservations: +33 5 65 46 35 00.

PONT-DE-SALARS - Guided Tour of the Bage Pumped-Storage Power Plant

10:00 am - Departure from the Lévézou Attractivité & Tourisme Tourist Office, Place de la Rivière.

Discover the history and operation of this impressive hydroelectric pumped-storage facility. Admission: €5 per adult, €3 for children under 12. Advance booking required: +33 5 65 46 89 90.

SALMIECH - Aquagym Class

Join an aquagym class with Anne Muquenne from 7:20 pm to 8:00 pm. The session is suitable for all levels. Price: €5. Advance booking required +336 45 07 20 72

PRADES DE SALARS - Night Murder Mystery

PopCorn Labyrinthe. Immerse yourself in a life-size murder mystery, in the heart of a corn maze transformed into a real crime scene. Starts at 10 pm.

EVERY WEDNESDAY

ARVIEU - Discover 3D Printing

1:00 pm to 6:00 pm - Notre-Dame d'Aures Beach. Demonstrations and presentations introducing the world of 3D printing.

EVERY WEDNESDAY

CANET DE SALARS - Pétanque Competition
8:30 pm - Pétanque ground. Doubles tournament played over three rounds. Entry fee: €6 per team. Refreshment stand available throughout the evening.

VILLEFRANCHE DE PANAT - Pétanque Competition

9:00 pm - Sports area below the dam. Open doubles tournament played over three rounds. Organised by Pétanque Bessoise. Registration closes at 8:50 pm. Entry fee: €5 per team. Information: +33 6 30 82 21 64.

ARVIEU - Traditional Veal Head Lunch

During the summer market, from 12:00 pm. Enjoy a traditional veal head lunch at one of the village restaurants: Au Bon Accueil - Reservations: +33 5 65 46 72 13 or Au P'tit Bout d'Où - Reservations: +33 5 65 60 00 19

EVERY THURSDAY

SALLES CURAN - Eugène Viala Museum

Open from 11:00 am to 12:30 pm

ST LEONS - Birthplace of Jean-Henri Fabre

Open from 3:00 pm to 6:00 pm

ARVIEU - Traditional Aveyron Dinner

Saint-Martin-des-Faux - Gaubert/Lacaze Hotel-Restaurant.

Every Thursday evening, enjoy a traditional aligot and sausage dinner with starter, main course, cheese and dessert.

Price: €27. Reservations: +33 5 65 46 35 00.

SALMIECH - Aquagym Class

Join an aquagym class with Anne Muquenne from 9:00 am to 9:40 am. The session is suitable for all levels. Price: €5. Advance booking required on +33 6 45 07 20 72

EVERY FRIDAY

ARVIEU - Mussels and Fries Evening

At Le Carretou, Notre-Dame d'Aures Beach. Reservations: +33 6 11 98 17 73.

SALLES CURAN - Brasucade

7:00 pm - Restaurant Aux Berges de Pareloup. Special €19 menu celebrating 20 years of the famous mussels and fries evening. Information and reservations: +33 5 65 46 35 09.

EVERY FRIDAY

FLAVIN - Pétanque compétition

9:00 pm. Open to everyone. Doubles tournament played over three rounds. Entry fee: €8 per team. Prizes in kind to be won.

ST LEONS - Birth place of Jean Henri Fabre

Open from 3:00 pm to 6:00 pm.

PRADES DE SALARS - Night Time Murder Mystery

At PopCorn Labyrinthe.

Step into a life-sized criminal investigation in the heart of a corn maze transformed into a crime scene.

Start: 10:00 pm.

SALLES CURAN - Local Author Book signing

10:00 am to 12:00 pm - In front of the Eugène Viala Museum, Rue du Château, during the weekly market.

Meet a local author and have your books signed.

SALLES CURAN - Eugène Viala Museum

Open from 11:00 am to 12:30 pm

SALLES CURAN - Eugène Viala Museum

Open from 11:00 am to 12:30 pm

EVERY SATURDAY

SALLES CURAN - Author Book Signing

From 10 am to 12 pm, book signing with a local author in front of the Eugène Viala Museum, Rue du Château, during the market.

SALLES CURAN - Eugène Viala Museum

Open from 11 am to 12:30 pm.

EVERY SUNDAY

SALLES CURAN - Eugène Viala Museum

Open from 11 am to 12:30 pm.

SALLES CURAN - Local & Gourmet Lunch

Local and gourmet lunch every Sunday at noon, in July and August, at the Aux Berges de Pareloup hotel and restaurant in Saint-Martin-des-Faux. €30.

Discover all our activities and guided tours in our Destination Guide!
Available at our Tourist Information Offices.

Lévézou Attractivité & Tourisme

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Find us at
levevou-aveyron.com
Online event
programme

